# iBliss Book 2

# EFT, Energy Psychology and Vibratory Medicine go to a Quantum Physics Lab

# The advantage of clockwise spinning vortex fields **Energy toxins**

I would like to share with you a great discovery that was made by Micro Vibratory Physicist John Civitan during the last 2 years that has substantiated our last 5 years of research. John and I have measured thousands of energy samples including human, vegetable, fruit, earth lay lines, toxic substances, water, air, electronic devices, radio and TV waves, words, organic compounds, light, sun, moon, Sedona vortexes, astrology charts, intentions, currency trends, S and P 500 trends, life-force, gemstones, human stress patterning, bio-circuit points and emotional body accupoints. We have studied the measurements of many past research groups including a group of French Radioesthesist in the 30's and 40's. The findings are clear.



cw-clockwise



ccw- counter clockwise

Truly organic samples free from energetic impurities-- fruit, vegetables, meat, water, vital words, prayer, blessings, big 3, WL, +G, healing energy, Fung Shui, and chi gung healings emit a clockwise energy vortex. Happy foods spin clockwise.

Toxins, poisons, electronic equipment, electricity, the full moon, pathology, injured tissue, stress, toxic earth lay lines, curses, and the full moon (lunatics,) and stressful words emit a counter clockwise energy vortex. Unhappy foods spin counter clockwise.

This aligns well with Dr. David Hawkins muscle testing results reported in his book that I have paraphrased in earlier material called, *Power vs. Force*. Clockwise vortexes are power or vitality fields; they are the smallest unit of vital energy and

they are HEAPS--High Energy Attractor Patterns. Counter clockwise vortexes are force or de-vitalizing fields. *Counter clockwise* fields "force" the body--clockwise "lets" the body. Clockwise harmonizes with bio-fields, where counter mis-aligns and creates measurable stress, resistance and dis-harmony at many levels.

If you have noticed or feel that the list of harmful or counter clockwise spinning energies is larger than the beneficial ones, then you have noticed the trend of planet earth. We in the USA are just becoming aware of these phenomena, but in the former USSR they have regulations about placing high voltage electrical lines near school yards. They have compiled troubling stats of the correlation between high voltage power lines and increased childhood leukemia.

If you speak de-vitalizing words, the vortex measures the same as if you were measuring toxins (counter clockwise). If you speak vitalizing words, the vortex pattern looks like organic fruit or veggies (clockwise). When you recall a time of pleasure, the vortex is clockwise —a moment of unreleased pain is counter clockwise until it is released and then it spins CW.

When I formerly measured these thought fields with biofeedback instrumentation, there would be a decrease in skin resistance to pleasure or stress release and an increase in resistance to past trauma and pain. Clockwise spin strengths the body's field, expanding it and making it more coherent. Counter clockwise reduces the field or contracts it, weakens and makes it more disorganized and less coherent. All the fields that you would like to add to your experience--joy, love, gratitude, allowing, supporting, open-ness, caring are clockwise vital fields. Hate, greed, betrayal, injury, failure are degrading or entropy fields that you would wish to delete. Aliveness is clockwise and blockage and decay are counter clockwise.

### **POWER VS FORCE**

This forthcoming material is an overview of the last 2 years of research since I have made an entry. As the last installment, ended we had two large questions that remained unsettled.

Problem #1- The first being that Big 3 (HHG higher harmonic of gold, HHUV higher harmonic of ultraviolet, HNG horizontal negative green) were the secret behind so many secret societies, secret doctrines, sacred lore, confidential "isms" and "ologies" and yet John had tested over 100 subjects ages 8-80 and no one showed their bodies wanted this energy. John would place the big 3 energies in the form of a link or charged items over their left foot and the testing rod would not once spin clockwise but instead would spin counter clockwise (showing a counter clockwise vortex field) indicating the subject's body neither wanted or needed it! What the hell! Yet every test subject's body wanted and needed positive green and white light! My answer to this conundrum was to encapsulate the big 3 in white light or +G. Then the body would accept it straight off, showing a clock wise

spin over the left foot. This was the only way it seemed to work, so we introduced a bit of energy manipulation and bait and switch to the LF.

This seemed like the only probable answer at the time, so I took it. However, John and I always felt that this was not the ultimate answer. Somehow, either about 8 thousand years of Egyptian spiritual history is wrong, including the Christian churches' borrowing and altering of the big 3 to play spin the bible, to make them the diluted corner stone of their religion (covered in earlier works). Could the Catholic Church be hiding for the last 2,000 years the highest sacrament that the body's bio-field doesn't want to resonate to anyway? To become it (high self) we must resonate with it and our testing shows no resonance!

When you combine or coat the big 3 with WL or +G, the big 3 come (powerfully) into your energy field and bring a relaxing stress release response. It feels very good but if the body or Life-Force truly wanted the field, then John would get a clockwise (CW) spin over the test subject's left or input foot to indicate desire or resonance. If there is no clockwise spin, then the life force is saying no--I do not need or want it.

When the big 3 comes gift wrapped in WL or +G, it is like a Trojan horse with the soldiers hiding inside. Why try to fool the LF?

John had tested over 100 subjects with no further advancement in our understanding. Yes, WL for purification and +G for vitality are incredibly valuable energies but they were not the corner stone of the Egyptian priesthood nor the Catholic Church nor christiananity itself or the Holy Grail! The big 3 are more prevalent in spiritual persons who chant, pray, meditate, heal, contemplate, study spiritual systems, etc. The more saintly, the more prevalent the Big 3. What could be better? Our goal or at least one of my goals was the lazy man's path to higher states of spiritual awareness. When I force fed my energy field big 3, I truly felt more aware and an overall mild bliss state and light trance state. However, I wanted to feel the pure big 3 all on their own, not mixed with other formulas to gain acceptance. How can this be? So near and yet so far! Is resonance with divine intelligence a misnomer?

Problem #2- Dr. Karme and Dr. Robert Gilbert have made it so clear that the big 3 convert counter clockwise spin (indicating a counter clockwise spinning vortex field) to clockwise-- but just for a short while-- until the shape /form geometry or piece of paper clogs up and becomes impregnated with the counter clockwise debris and stops working. (Note for dowsers--it is not enough for a pendulum to acutely spin in one direction or another, the duration of the spin or how many clockwise or counterclockwise spins it outputs until it runs out of juice and dies, must be considered. If you are a dowser, you must place your arm in a sling (John's support system) for your tired muscles' sake, counting spins until the spin dies; beware--this may take hours (John considers it a meditation), When the spin dies, then that is it's count. When the Big 3 emitter clogs from converting CCW to

clockwise, it then becomes turncoat and starts giving off counter clockwise energy as it becomes increasingly impregnated with debris. When testing an unknown substance for direction and character of spin pattern, the initial or acute capacitance discharge is not indicative of the chronic patterning. Capacitance discharge is only the acute burst of energy that exudes when you contact the sample for testing. Hang in for the duration if you want to know the whole truth.

This is a HUGE problem. Robert and Dr. Karm say to tap the article a few times or blow on it and the counter clockwise debris that has been scavenged will go away for the time being. John tested his wedding ring and it clogged with CCW in San Francisco every 4 hours! And that is without even using big 3. It is just the amount of Counter Clockwise spin of the EMF, ELF and human stress present in a big city. Add up all the engines, electrical components, petrochemicals, fires, out gassings, pesticides, preservatives and stressful human interactions and you have a very potent CCW anti-live force field.

If you were to place the number 7 or 16 on a piece of paper, remembering this # 7 and 16 generate a minute amount of the big 3, it would, at first, kindly do it's job and generate big 3. If you placed it on a TV or computer power cord, it--for a very short interval-- would cut some or all of the counter clockwise and the device would feel better because the counter vital spin was changed to a vitalized clockwise one. The operator would feel more relaxed and meditative with a relaxed open awareness; they would get stressed up much less. Soon, however, the paper or card would have accumulated so much energetic debris from the cleaning process that it would become overwhelmed and stop working. Next it would start to give off or emit its previously collected debris and quickly become a liability to the operator, who all the while might have believed he or she was protected from degenerating electronic smog.

We tried sooo many methods of resolving this problem that failed that I did not write again for 2 years. No answer seemed to work. If you would place a fan to blow on the card of the appliance cord, then the EMF and ELF from the fan would become the new culprit. Even a battery powered fan was no different. The dilemma was accentuated by finding results in the beginning of the clearing cycle and feeling like you were in the presence of some blissful or sacred device, and then having it turn sour very fast. I would then tap the appliance cord experimental card and again 20 minutes later, back to the same problem.

## The gods must be pissed!

I once placed these experimental energy cards on each of 30 appliances in my lab. By the time I had placed and fixed experimental cards all securely taped to power cords--of all lamps, computers, frigs, stereos, TVs, water heaters, hot tub motors, earth lay lines, etc. then the 1<sup>st</sup> one would start to clog. But just for that few minutes the house would feel peaceful and each appliance would be energy friendly--just like the house in Woodside, Ca. that my family owned in the 60's that had no electricity. My Marin digs would start to feel heavenly, then they would

start to feel worse and worse, and finally all the cards would be polluted and the good feeling would be gone except for the faint glimmer of what it would be like to have my lab, office, car and house sustainably bio-friendly.

The predicament deepens when you measure the human bio-field and find that stress, just exactly like EMF and ELF, spins counter clockwise. If you place a card with #7 or 16 on it, just like for the electrical appliances, it will pollute, not just from ambient electricity, but also from the stress in your own bio-field and the bio-fields of others. This may sound bizarre at first, but from the standpoint of double blind measurement, there is no difference between electronic, electromagnetic signals and human or animal electromagnetic stress signals. They all spin left handed and are interchangeable. If you are a long way from "civilization" or are in a shielded environment, such as a Faraday cage, and place an experimental energy card around your neck, you will feel an improvement in well being for a time. But soon the card will clog, impregnate with counter clock spin from your own bio-field, get overwhelmed and stop working. Soon it will be giving off the very artifact that its purpose was to release, just like in the energetically polluted city! And like a crystal it must be rigorously cleaned or cleared to be of any lasting benefit. Otherwise, just like a crystal it will store stress energy. Can you see why I had nothing good to write about for 2 years?

The potential solution for EMF and ELF is the same as for stress consciousness. All "negative" words like hate, despair, difficulty, stress, tired, sore, damaged, untrusting, spin CCW.

"Positive" words such as love, gratitude, respect, heal, abundance, share, spin CW.

The energy fields from all electronic devices we have tested--Wi Fi, radio and TV waves, computer fields, florescence lights and micro wave energy spin CCW. The one exception is a Far Infra Red sauna and some other FIR devices. When you pass electricity through carbonized stone-- think jade, serpentine or tourmaline-the result is, at least for awhile, a clockwise spin. Note--We never tested the FAR for duration of CW spin. (John's sling test)

If you point to an injured body part, the measurement is CCW. Point to a healthy one, and it is CW. Contact a self limiting belief, its spin is CCW. Contact a healthy and life affirming one and it is clockwise. John's measurements show that it takes approx 8 affirming statements to reverse the spin of just 1 CCW negi.

A researcher in 1930 spent his life measuring just about everything he could find. He found organic food to be around 1000 CW spins and most humans to be about the same. John spent approximately 1 year re-testing and found the best vital food to be flax and it was about 40 clockwise! Most humans were under 100 clockwise! He measured coco leaves along with morphine and opium and they were around 700 clockwise! Incidentally, substances can be measured from

pictures; you do not need an actual live sample to test. John measures the picture which captures the vibration; it is witness to the actual item, an exact duplicate. Part of the reasons people take drugs and herbs are that they do raise vitality! (Coco leaves output orange, positive green and red colors. Morphine outputs blue.) However, some also have a down side. What a joke! "Drugs" are more vital than our foods!

Foods, animals and humans have become less vital, dropping about 90% over a 90 year period. People live a lot longer now because--even with low vitality drugs--prescribed and over-the- counter and street have become our new immune system. We live longer but not healthier for the most part. We medicate dis-ease but we do not fortify with ease!

Vitalize! Vitalogy as a science has dropped out. We are quick to locate and eradicate an outside "perceived" enemy but slow to realize that the life-force energy within is running at a great vitality loss due to many CCW environmental and personal stress factors. Even many certified organics, after much of Johns rigorous testing, prove to not truly be organic, as they are so often contaminated from winds blowing toxic sprays from up-wind, pesticide sprayed crops and other contaminates present in boxes, picker hands, air, water, light, shipping and storage.

Of course organic is far better than not. It is just that there is little on this planet free from contamination.

All toxins, pesticides, heavy metal water, preservatives, rancid oils, combustion, petrol chemical air, electronic components, toxic earth lay lines, some solar activity, synthetic products, electricity, stressful thoughts and words, injuries, etc., spin CCW. It is not a pretty picture.

All pure, vital organs, uncontaminated vital forms, life affirming words and beliefs, prayers, chants, holy names, healing rituals, blessings, Big 3 spin CW.

The LF itself spins CCW neutral and clockwise in balance. It needs to do this to perform its body electric functions. The bio-fields for hundreds of people test increasingly CCW the more they encounter and relate to electrical appliances, geopathic stress, air and water pollutants, toxic food and emotional stress. John, after 29 years of measure, says electricians are the worst, as they work on CCW fields all day long.

The word "love" is the most vital everyday word John has measured; it is 70 CW whereas a florescent light is -118 CCW. If you were standing under a florescent light and you had a clockwise vitality of 40 CW (not uncommon) you would now be reduced to a negative vitality count.

Yes love counts but so does a florescent light. The word "love" will not counter the effects of a florescent light. It will, however, somewhat mitigate it. If you continually say the words "coca leaves," you can overcome, completely, approximately 6 florescent lights--if you continuously chant it. The more you visualize in 3D the "coca leaves" or "love" the better the neutralization and balancing. Some masters can evoke the names of god or spirits, etc. and, through a lifetime of training, can concentrate and vitalize these statements and completely clear detrimental effects.

Just as chi masters can neutralize the effects of electronic equipment, they can do the same with mental stress. They can heal with their prana or chi. John has measured chi gung masters and found one of them to be at 3,500 pos spin, while in a healing mode transmitting his chi. This master can't maintain this level 24/7 but must replenish or re-charge before getting back to that awesome level of super vitality. This is how chi gung masters move bricks, withstand lying on beds of nails and are not cut by tremendous sword pressure. Their chi or LF can be amplified, concentrated and re-located to the exact spot to demo super human feats. It can also be sent to a distant target and measured. (See Lynne Taggart's book, The Field for more details.) This ability takes a lifetime of training and most westerners can hardly grasp the concept of the time and dedication involved. There seems to be no super highway or fast track to get to these higher states.

As a long time research psychologist, I lived for the day that we could find a way to release CCW subconscious behavioral patterning just by sending in a strong CW energy to neutralize the stressful field. My old methodologies of psychotherapy, Gestalt therapy, NLP, hypnosis, biofeedback clearing etc were long and arduous processes that I wanted to have behind me. I knew there was a breakthrough there somewhere but not seeing it clearly forced me to re-look at at the subject of Energy Psychology and specifically EFT.

I had studied it in-depth a few years back. I had even met Dr. Rodger Callahan founder of the earlier subject Thought Field Therapy about 20 years ago. EFT was for sure advancement on every other therapy I had studied. I had even written a paper showing how to use my much earlier Life Energy Amplifiers' energy field with EFT to speed up the process. I took EFT to John to see if it could be improved. John used his lab equipment to measure the EFT and TFT tapping points with some zest. He determined that each point was connected to the other and that all you would have to do was send energy into one point and it was as if you had sent energy into all of them!

He also found that when you recall a stressful emotion a CCW spin will come out of each EFT accupoint. When you tap on them they then spin CW.

# **TOUCH AND FLICK Quantum Psychology**

Quantum means a higher level of action and result. It is a way of performing a task but utilizes methodology not part of the earlier system; it often appears to be magic because the mechanism of action was previously unknown or dis-believed. It fits the definition of magic as it is the physical universe conforming to will. It often makes use of previously unknown laws of energy and form.

Some years ago the notion of coherent light was not as well known as today since lasers are now available in most office supply stores as pointers or key chain lights. The idea that the body has energy centers that can release trauma is mostly unknown today. It is called Energy Psychology and it is at the leading edge of the healing high rise. Some years ago, giving one millionth of a dose was considered being a cheap skate or fraudulent; now it is available in main stream drug stores as homeopathic medicines. These were all quantum leaps in bio-energetic technology. If that is not enough, the laser is often used in Acupuncture today as an alternative to needles.

I developed "touch and flick" from John's input. You simply place your left hand index finger--the nail facing the thumb side--against the computer or TV screen or speakers playing either of our iBliss DVDs or the WL on our old web site. You recall the stressful incident, and then flick as John showed with you right hand flicking towards the ground. When we performed this experiment, John placed a napkin on the floor and flicked at it. The napkin was measured before and afterwards. There was way more CCW spin on the napkin after flicking, indicating a large amount of stress had released through the right or output hand. If you are running an affirmation flick toward the sky, stressful issues flick towards the ground; to ground it out as stress is a form of electricity. It goes to ground just like wall plug electricity or lightening. Keep the touch steady with the left index finger and keep the flicking going with the right until the stress releases. This greatly speeds up the time and depth of accupoint clearing or energy psychology.

Veronica and Dr. Jim Barlow videoed this procedure and set up an entry level web site for it. They also set up a video of our earlier version of White Light and many people came to touch and flick away their blues. Thanks guys.

Some did not feel confident in this new methodology and just performed their earlier EFT or TFT but supplemented this with our new White Light web site or DVD field. They touched with their left hand index finger (input) as explained above and then tapped with their right hand (output) in the usual EFT or TFT manner. The WL came through their input hand left and came out of their right hand output into their accupoints while tapping. Some reported using Z point process as taught by founder Grant Connelly. Grant has them select a release word, a word the subconscious is trained to release stress when it hears it. The technique I feel has a lot of value along with a whole list of issues to release that he generously provides. Some Z point Processors utilized the White Light on our site as their release word and used it to release. Some placed their left hand index

finger against the screen or speakers in the technique I mentioned or just held it. Most got results and I got a lot of feedback, most leading me on.

The early White Light was at the time a modestly powerful clockwise spinning video and audio field even though on our web site it was in a must be compression format which reduces the clockwise vitality of it. This is why I came out with two uncompressed DVD which were much more vital. It would neutralize CCW spinning negis (neg issues) and restore vital CW spin to the body.

The main feedback I got was that I should tell people more clearly *not* to make a list of behavioral issues to process while they are on the WL site or playing the iBliss DVD because the WL or DVD fields will start to release the issues they were confronting and it may partially release them leaving the person feeling momently better, thinking they have gotten all of the issues, only to discover they were not entirely dis-created. The right action is to make a list of issues to release while far away from the iBliss DVD and our psychoactive site's energetic influence. Now once your list completely represents what you want to handle--now comes the Electronically Assisted Introspection or Psychotronic assistance part. For best results this must be done in two separate stages.

I was much more satisfied with the result people were getting but still felt the system had not gone to its ultimate potential. I stayed in this mode for about a year, all the while bringing John every new idea I had for a more convient and complete job of release. Most did not work. I did like Z-points directions to the subconscious, though. Grant was a former hypnotherapist and he showed the importance of instructing the subconscious to release all such incidents, beliefs. decisions, etc. I started using that style of subconscious instruction while, simultaneously, John started having a most unusual dialog with the LF featuring some software he had developed.

John develops his own Quantum software from scratch and has also tested astrology software for many developers always finding the flaws. John always wants to know the truth rather than be right.

### **ACTION AT A DISTANCE**

We were always able to send an energy field to a distant point and measure it. John and I used the carrier wave of HNG but John discovered that WL worked even better if properly conge gated.

John had some friends whose business was not doing so well. John went to Goggle Earth and through their street address got an overview picture of their office. He created it slightly out of focus in case they had made any exterior changes-- like added a satellite dish, re-modeled it or added anything. (I will discuss the most successful link tech upcoming.) He then sent their location an energy formula to brighten up the place and clear CCW fields. He did this for 2 separate operations and both locations did get an increase in business. He used the Goggle picture as a witness and sent an energy program using HNG and WL as the carriers. Healer and dowser, Harold McCoy, of Ozark Research Institute, who I had met at the American Society of Dowsers (ASD) conference in Santa Cruz, CA. did something similar when he--in virtual space--placed a gold beacon, like a capstone from the great pyramid of Cheops, in front of a friend's car lot so people could see it better. He also got an increase in business, Harold reports. If we were to measure Harold's bio-field, I am sure we would find an abundance of HNG and WL as those are the AAAD carrier waves. The more of these 2 wavelengths you have the better your AAAD. Just as the more Big 3 you have, the more you resonate to higher energies and the higher ability you have to clear yourself of CCW fields that pollute your system. The trouble is that conversely the more CCW pollution you have the less Big 3 is there. This is why we have always looked to supplementation.

If we were back in the 1800's when there was little electromagnetic pollution and the environment was mostly pure, people's vitality was a lot higher and they were less poisoned by synthetics, then the 12 clockwise colors in their fields would be more vital and plentiful. The more of the 12 CW colors the stronger the vitality the less CCW. The more CCW colors the more toxic.

#### TALKING TO THE LF

This AAAD process was working well; so long as we kept the computer running, the field would appear and persist and be measurable where ever we sent it. No big deal. One day John got the bright idea to tell the LF to make the field on the target object permanent. Big deal. He would set up the computer program he developed in the usual manner and measure the field on the target object link--be it a shirt, sq ft of soil, fire hydrant, jewelry, water sample, etc. But now he would tell the LF to make it permanent--or for how long in time he wished (duration) and then shut the computer off! The field would hold as instructed. A Very big deal.

John was already running equipment to broadcast to Oxygen Research Institute's jewelry line (my old company) and Deborah Stuart was marketing it. The downside was that John had to keep the computer running 24/7 to keep the energy there. Now John could bypass the continual running computers and just program the item once, turn the computer off and forget about it and the LF would hold true to that intention and direction.

John and I did hundreds of experiments of sending energy to a multitude of target objects. One experiment I had a big laugh over was John telling the LF the exact coordinates in his hallway to charge and having subjects walk down the hall and say where the vital field began and ended. People were much surprised to walk down his hall and suddenly feel an energy shift from out of nowhere. Most could not believe this was possible, or happening to them, so they invalidated their experience.

John did another one when he instructed the LF that all water brought through his front door was to have a particular vital energy in it. He first practiced on a doll house front door passing objects through it and then went to life size. Something like the arch on Star Trek. He also asked the LF to charge all water he owned with a vital field. As soon as he had completed the purchase of the water at the store, right at the counter, the field appeared in his water. He also got the broadcast energy target size down to one sq. ft. of sand within a sandbox and a sq. ft. within specific field coordinates to test the LF's ability to follow specific energy instructions.

The only time John messed up was telling the LF something contradictory and all The water in John's house reeked of a sulfur like smell.

John had the ability to talk to the LF and give it certain instructions and then shut down the computer and the instructions would be carried out. He would tell the LF to send energy to a particular location or object for 2 days and then at precisely midnight to turn it off. He sent LF to a target object, and when it was fully charged, the LF would then send energy to a secondary or alternate target all automatically. He would send me "energized" pictures by e-mail, but instruct the LF not to activate them until printed. He also worked with relays controlling his lab computer array from a remote iPod at trade shows, turning on the Pod to turn on the link system. He also instructed a faucet to structure all water coming through it for x period of time. Other than the gone-awry-sulfur-water experiment, it all went well as expected, while acquiring a gradual increase in metaphysical or quantum knowledge. During this time period he also continued to measure people's vitality finding all fewer than 100 CW spins.

Something I learned while John was measuring CCW fields in my house was that in the new research room that was built, the contractor ran electrical conduit under the floor just where I sat for computing. Each time John measured me, he found much CCW energy in my body. My emotional level was high but the CCW was still very much present. When he found the electrical conduit under my floor, I realized the detrimental energy possibilities from sitting over an electrical line. My body's energy read as though I was mentally conflicted and depressed even though I was not (low vitality). That electrical line took a lot of vitality or LF away from me. It drains people just like upsets, problems, illness and injuries. More on this later.

One day John measured earth lay lines in his 2<sup>nd</sup> story apt and found so many I thought he had made them up, until I watched him re-measure them. They were all over the place spinning strongly CCW. When you step on one of them with your left, or input foot, your whole body gets it. The power of some of them would reach up to the 12<sup>th</sup> floor!

Dr. Mercola recently offered a European study that showed 20 years worth of research and study following cancer patients to see where they slept. All the cancer patients slept over lay lines in one section of the town. That one section was lousy with CCW lay lines and responsible for all the documented cancer cases in that town! That is the power of an earth lay line--much like an electrical line or trauma-- in causing cellular disruption. If you have read *The Biology of Belief* by Bruce Lipton, Ph.D., he says that it is the environmental factors, not so much the inherent DNA, that causes unwanted conditions. It is the energy you receive from your environment, not your native biology, that makes that difference. Sleeping 7-8 hrs per night over an electrical or earth radiation line can cause a huge vitality loss and psychophysical changes much like emotional stress to weaken your field. It is my belief that spending time sleeping over a noxious lay line or near an electrical device will program your bio-field with CCW fields. This lead to illness which is, of course, just accumulated chronic spin CCW.

# **Back to the future Micro Vibratory Physics**

Back about 20 years ago, I purchased a product called Bio–Circuits from Terry Patton, who started Tools for Wellness, as it is now called. I subsequently allowed Tools to market the Life Energy Amplifiers I developed for Oxygen Research Institute. I took the bio-circuits with me traveling in Europe for 6 months. These circuits were originally called Emon Screens and were developed by Emon, who apparently cured himself of many conditions through their use. I used them at night when going to sleep and found a lot of peace and well being. They used no electricity but re-organized bio energy flow. Unfortunately, I attributed most of my gain to being in Europe and seeing research associates that I had only talked to by phone for many years. When I got home I dropped out their use.

A few years ago, John started using Bio-circuits and of course measured them and himself before and religiously thereafter. He found he could raise his vitality from around 40 clockwise to well over 1000 clockwise by using them. The circuits essentially circulate chi or Prana, and this acts like a filter deleting CCW spinning fields. I recalled my past use of them, in particular how a few times I felt much stressed from traveling, jet lag and re-entry depression. The bio-circuits released stress somewhat like my later use of EFT. However, the bio-circuit points were not at all similar to the EFT emotional body points, yet the effects were similar. Eman also had a substance circuit which was a glass bottle that the wires from the various body energy points traveled through, picking up the energy of the substance. Emon used aspirin for pain and some other substances in his testing. The effectiveness was high.

John had previously used an energetic clearing method that cleared the accupoints and he religiously cleared himself each night before going to bed.

#### JOHNS CLEARING PROCEDURE

The Sinkbox Method

- 1) Using the Left hand, press the thumb and inside tip of pinky finger together
- 2) Stand with feet apart, and flick the right hand towards a metal box or any other item you would think of as a trash receptacle (sinkbox)
- 3) Flick the right hand fingers 5 times towards the sinkbox
- 4) Place all four fingers of the left hand and place on left thumb and flick with right hand 5 times
- 5) Take left hand and hold all five fingers over the thymus located 3 inches above your heart and flick 5 times with your right hand (rh)
- 6) Take left hand and place all five fingers over the Solar Plexus and flick with your rh 5 x
- 7) Lay left hand on top of head, cup it over the head, and flick with rh 5x
- 8) Place all 5 fingers of left hand around left eye socket, flick with right hand 5 times
- 9) Place all 5 fingers of left hand around right eye socket, flick with right hand 5 times
- 10) Place pinky finger and thumb in between the inside of thighs and flick with right hand 5x

I, on the other hand, was not so religious and thus had a lot of CCW in my field during the time I spent with computers, psychotronic devices and my friend and engineer extraordinaire, Lumin White, in his recording studio. Incidentally, this was before Lumin developed advance methodologies for energy clearing power boxes. I believe John was worried about me and came over one day with a tool box full of breakthroughs.

He first performed an energy clearing on researcher and long time friend, Richard Olson. John showed that to take out counter clockwise energy he would place his left hand (input) on Richard's stressed body part and right (output) hand facing the South Pole, which is the earth's CCW pole. This would take out the CCW in Richard's body and direct it south to a larger CCW field. Like goes to like. A field in this case flows to the same field with larger potential. The like goes to like.

He would then direct his left had toward north, source of clockwise energy, and put CW energy into that same spot. This is a simple model of energy clearing and vitalizing.

John had shown me earlier how to use his above energy clearing procedure to build and use a sync box full of bad energy (lead, mercury, asbestos, etc.) You do not need to get actual compounds; the names or pictures will do, as they vibrate just like the real thing, as they are in minute measurement the real thing. Each night or whenever feeling down you flick with your right hand to the box and those energies dissipate from the body, best to have the box facing south. I also did this when I used +G from my iBliss DVD too late at night and got overly energized. I would flick as described with my right hand to the DVD on the floor using it as a sync box. John showed me those above specific points to hold when doing this to clear various energy and electrical circuits and my heart Meridian. I also flicked energy back at medications I took, pictures of people that had offended my ego and the written names or pictures of childhood "enemies". All of these flickings tended to release some CCW and educate me in the laws of Energy Psychology. If John were to write a book, it should be called "The Body Energetic"!

Another of John's newly developed tools is hyperspace bio-circuits. John got tired of having wires and plates on his body--just try to answer the phone sometime wired up in that way! In his experimentation with the bio-circuits, he measured the body and found that when wired up, no chi or energy escaped the body and none came in--just re-circulation occurred. So while wired up you were impervious to any form of CCW energy input and you did not lose any vitality waves, which are also somewhat similar to the mechanism of FIR. You just circulated the energy much like a cleaning and filtering cycle.

I need to digress a bit to show you the mechanism of action of John's hyper space circuit, which is a space age discovery.

John discovered, through tireless measurement, a skill set I definitely do not have, that the LF has 12 vital colors or wave bands. Two of them will do action at a distance or are carrier waves. This accounts for psychic or healing at a distance results. The 2 AAAD fields are HNG and WL. HNG was reported to us by Drs. Kareem and Gilbert, but John found the WL all on his own. It was previously unmentioned in any earlier research literature that I had found. But WL is almost as small of a wave as HNG. It has deep penetrating cleansing qualities as well as spiritual ones. WL was called by psychic Silvia Brown "the Aura of God."

### THE LAW OF ATTRACTION OF IDENTICALS

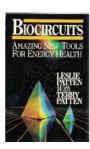
The law of identical or sympathetic or sympathy has been around for a long time. It is something like the law of attraction except it states that 2 absolutely identical items, be it number sequences, letter sequences, shapes or forms will talk to each other via hyper space. What you do to one, cause (call it the witness) will occur instantly to the other, call it effect or the target link. I have covered this in some depth in earlier works on sympathetic magic.

When you set up an alphanumeric code which consists of singular number and letters and you have only 2 copies of this in the whole wide world the 2 absolutely identical items will communicate.

This is easy to test. Get 2 pieces of paper and write a sequence of say 10 letters and 8 numbers. Make each the exact same sequence. Now put one in the left and the other in the right hands. Feel the informational flow. There is a rush of energetic exchange between the hands. If you measure between the 2 hands you will find no current or LF flow but you sure can feel it. Why no measurable flow between the hands? Because it goes hyper space traveling on the LF fields of HNG and WL fields! The energy exchange leaves your one hand going hyperspace and appears on your other hand. The 2 identical codes know not distance nor space or time limitations.

This statement will be the source of a great book for somebody someday. For now I will continue with the discussion of virtual bio-circuits.

You make 2 identical codes; place one in your left hand and the same identical code on the bottom of the right foot. Then, a new code in your right hand and the same one on the bottom of your left foot. Then, a different code on the lowest point of your back near your belt line, and the other, same code at the top of your back below the neck.





You want your right hand to communicate with your left foot, and your left hand to communicate with your right foot. Your lower back with your upper. If you are having confusion, Google Emon Screens and see the diagram. Three separate codes –three separate circuits. I used gloves to hold the hand card codes using ½ of a 3 by 5 card and socks to hold the bottom of the foot ones. I took a T shirt and drew the 2 hot points with a circle and placed the identical codes inside the magic

circles. I drew a straight line from one to another touching and connecting the circles edges giving the LF directions.

This will clear your energy field temporarily if you use it about 1 hr. per day. I liked going dancing with it, as your energy builds over the night. I took it off every hour or so. I do not recommend this process for anything other than lying down or reading as I have heard of cleansing responses from some using the traditional Emon screens, and you do not want to be out on the dance floor feeling queezy and far from home, with lights flashing and loud music.

John gave me this great virtual gift and I used it regularly. It seemed to perform much like EFT but not quite as fast. I never experienced any stress while wearing them. I wanted to share them with my friends but most did not want to wear gloves, special T shirts, or even write down long codes. I was shocked. John, Richard, Lumin and I would do many unconventional exercises to test the vitality of energy systems. Most would not. Make it no brainier simple or not at all was the feedback.

# **CCW ENERGY? SEND IT TO NEVER LAND**

John and I were concerned about the electrical wiring that ran through the center of my new room. Also the 4 computers I had running at the same time. The room had a lot of CCW energy in it. One solution was to re-direct the electrical line by tearing it out and re-locating it. Big, expense and not elegant. The other was to neutralize the line. John came up with a special 3D design made of art board with a backing of the same. It generated big 3 but clogged in a few minutes. I put fins on it to disperse the garbage energy, but it soon clogged. If it sat outside and wind blew over it--it cleared. Like sailors at sea, I prayed for wind! John re-measured the electrical signal for the umpteenth time. He knew that electricity has 12 fields CCW like the LF has 12 CW. The LF has HNG and WL which are carrier waves. Electricity also contains HNG and WL, but CCW HNG and WL as there is no LF in electricity just force not power. Could these 2 waves that have, for the last 5 years, transmitted AAAD so faithfully be used in their detrimental form to send away--using AAAD-- the CCW energy from electricity? Do CCW HNG and WL have the same action at a distance co-properties? John made up a link with an alpha numeric code (one of a kind) and then made a copy of it. He placed the sending card with code on the electrical line and the other matching card somewhere where the wind would blow. We, at very first, wondered if we were reintroducing CCW into the universe. Not so cool. Upon many measurements, John concluded that the debris CCW actually did not go into the air, as the wind blew, but back to never never land or hyperspace and we guess to the ethers--where the LF knows what to do with it.

He then placed the Big 3 card emanating big 3 further away on the appliance cord from the AAAD WL and HNG card and closer to the appliance. Shazzam the CCW was spirited away from the electrical cord to the distant link where the wind

kept it clean, where it was open to flow. The big 3 card gave a nice CW spin to the appliance, making it feel smooth and silky.

# THE FLASHLIGHTS Shine a light on me

Earlier John measured the word "intuition" and found that it was the color indigo. He instructed the LF to place it on a headphone jack for his iPod. That meant that all sound waves coming through this jack were structured by indigo or an intuition field. I tried it and went into deep mediation. It was dreamy, a little like pot or medical marijuana, I should say, but clear headed and much deeper and cheaper. He also transformed a jack for big 3 which was very nice except it only lasted a little while before it collected CCW fields and stopped working--same old, same old. I loved the intuition jack. I found a color therapy book that said inspiration was violet and John willingly checked it. He found it to be indigo as well. Richard had earlier made a QuickTime energy movie of one of John's intuitional or indigo fields and I had always enjoyed it for its relaxing qualities.

John got a brainstorm one day to program the LF to place a permanent energy formula on a flashlight. Each object (non human or animal) the beam shone on would get a permanent charge. He chose the LF field that he had recorded from a chi gung master (3500 cw spins) as it did not collect CCW as the big 3 did. He developed a computer program to place the LF energy from the best chi gung master he could find 3500 CW, into the bulb.

We soon went to LEDS with more powerful beams. I went to new age trade shows and shined the light on jewelry, clothes, energy devices, food, vits, products, etc. The beam did the job, but it was not powerful enough to make a big difference--but it sure did open possibilities. One possibility it opened was when the beam was shone on electronic instrumentation such as iPods, phones, computers, personal organizers and stereos, etc., the LF field was amplified by traveling in the components circuits. Not only did the LF get a boost in amplitude, but it expanded to become a much larger field. Even a small wrist watch would give off a much amplified psychoactive field when re-structured.

John, I and Lumin explored the medium thoroughly. John found that as long as you used a flashlight to deliver the Big 3 by light beam, just like a computer screen, there was no clogging of the bulb. When turned off or when strobing, the debris collection would disappear as the bulb was not steadily on. I was also getting the idea that I could do this with my intention alone. The "results" were not so good, however.

One most interesting application of the flashlights was to place an X, by beaming the flashlight in an X pattern, on each corner of the ceiling--that way the whole room would resonate to it. I used the flashlight and X light pattern to structure my car battery, car stereo, speakers, windows, etc. with the X patter; my car made quite an energetic leap, feeling a little like when I played my iBliss DVDs from my

iPod into the stereo system and listened to FM rock. Note--I do not suggest driving while doing this experiment. When playing an iPod into a stereo system, it is not necessary to listen to the iPod signal. The energized iPod signal will permeate the whole tuner and amplifier systems, and you can experience it through all listening modalities--tape, FM, AM, CD, satellite radio, etc.

# THE SECRET'S SECRET The secret of Q fields

One day I was structuring a T shirt with the Big 3 flashlight. I was shining the light all over the shirt and I was wondering if I needed to intend anything about what I was doing or just robotically shine the programmed light. I realized that was the crux of a lot of my actions and the actions of others. They were just going through life going through the motions. We were not really intending anything specific except just looking good and productive but what was missing was our intention for results.

Then it came to me that "of course I need to intend." I looked back over my life and further realized that the times when something really turned out was when it turned out as intended or expected. I put a lot of specific intention into an act and continued to do so until the result was accomplished.

If I was just mechanically going through the motions, then I had already given up but didn't want to admit it--Super Denial. You and the LF are a team, being one and the same of course, and you need to act in concert with these two systems of consciousness. The LF wants to give you what you want but you need to be clear, specific and open. You need to let go or release all counter belief and belief baggage so that there is a clear and open road to attainment.

If it is worth doing, it is worth intending a specific positive outcome and continuing to intend it until a result is reached. I acknowledge that there are many past failed intentions, purposes and goals that say if you intend and commit you could get hurt again. Better to pretend that you don't want something, than to try and fail. It appears to be a "healthy survival" oriented type of denial.

On the other hand, when I really wanted something I would intend and keep intending and it would work. The watch-word here is *keep intending*. You also want to bring a lot of high resonance life force to that intention. Fear, resignation and doubt need to go.

When you perform AAAD or Action At A Distance you write the intention down on paper or in, perhaps, a word software program, that intention is held for you. When you put your LF and that of our DVD and Q card with it and further create, clear and amplify a CW spin, you empower it with life or magic (intention) and send it to yourself, your environment, or the environment of another, so that the set intention will become a focus of the subconscious. The energetic envelope or package also carries with it a process to clear the bio-field of all emotions,

attitudes and beliefs that would obstruct its rapid manifestation 24/7. These are the instructions built into the Q card and DVD's via Big 3 and the programs codes and that intent you are giving the broadcast with your LF. You want the LF to release all disbelief in this intention coming true. The result is your goal is a cleared, high resonance intention.

This presupposes that you are on a gradient, little by little clearing away for earlier smaller goals and banking a series of wins. You of course have learned to keep intending until you find success. The opportunity here is to clear subconscious CCW obstructive content, and the Q fields will do that automatically for you and will add vitality (power) to that when you clearly instruct and intend the LF to do so.

When you intend with this program you are receiving an intention clearing Q field plus intention amplification --you are intending from a quiet focused mind (light trance state) and vitally holding that focus or intention. You may want to employ creative visualization with it, again and again intending the desired outcome. See it, hear it and feel it manifested. Ask with sincerity and openness that the parts of you that counter this prime intention be permanently deleted and replaced with vital LF. When counter programming comes up, use the Q cards to clear that program and reveal all that needs to come up for your intention to be vital. You are de-vitalizing self-sabotaging CCW beliefs which then re-vitalize and continue to re-vitalize your desire, until it becomes so vital and CW that it lightens up, clears and becomes fun and very real. Your desire then permeates your space, your environment and the space of all those that come into contact with you.

The Q fields bring about a light trance state where auto suggestion becomes very powerful as the attainment suggestion or intention provokes or reactivates all of the conflict energies to show up and clear rapidly. The more the uncomfortable feelings that surface the faster the faster their CCW energy will be transmuted to vital CW intention.

Welcome adversity as it will not be around for long.

## Shine your light on me

A few companies started to hear of our breakthrough in this flashlight project and envisioned buying lights to re-structure their clothing and jewelry lines. This sounded great, except we soon saw our lives being devoted to flashlight processing and shipping. John revolted and I agreed after some thought.

### **QUANTUM CARDS**

The next level was for John to instruct the LF to energy process the circuits that the bio circuits accessed to flush the body, but without 6 cards positioned on the body. He took one card and pictures of the biocircuit points and programmed the LF--he wrote out for the bio-circuit effect to take place for each person who held the card. He further instructed the LF to flush all points with Big 3. This worked fine because the card did not collect as John instructed the LF to only supply the

energy to the subjects BC points when they were holding the card or when it was similarly otherwise in use. When there is flow or energetic movement, the flow does not become stagnant and congested, and then stop and then reverse, as it does with some energy when static. The Q card worked well, and as long as I had it on the left side of my body I could feel the exact same set of effects that I had felt with the physical Emon screens and John's virtual screens. Remember I had stacked up a good, couple of hundred hours experimenting with them.

This time, however, John did one modification--he opened the circuits from the feet to the ground, and measured to find that with the big 3's flushing action the result was even better. Now you would get flushing and still be connected to ground through the feet, giving a release path for the CCW debris now effectively released to the earth's ground. This increased the filtering action and caused a faster clearing time. John checked accupoints, bio-circuit points, chakras, Wayne Cook's emotional points, all known energy psychology points and there was no discordant energy left.

There was so much flushing that it did not matter if you stepped on a toxic lay line, ate a Twinkie, and had 4 computers on or not. It did not take me long to discover that the bio-circuit card was a quantum leap in energy clearing. I could walk around doing my regular life and feel de-stressed all of the time. It was truly blissful! It was a very natural feeling. The big 3 is phenomenal antidote for stress and lower emotional states and the bio-circuits access the flush points for clearing CCW energy toxins. I measured my stress indicative parameters using GSR biofeedback. I had developed this special biofeedback instrument and marketed it for many years through my company ITS--Introspective Technology Services. I also developed a Computer Voice Stress Analysis system for measuring stress in the human voice in something called micro muscle tremor. I had trained over 500 therapists in its use and stopped counting when I had delivered 25,000 hrs. of training, sessions and consultant supervision. I was, indeed, well familiar with its indications. The biofeedback stress analysis showed a constant flat line on stress. Even when I tried to provoke myself I could barely do it. Then it would release right quick. I do not offer this testing as an independent double blind placebo study but rather an indication that we were on the right track. If it looks something like a duck, walks something like a duck and quacks something like a duck, then it is worth investigating to see if in fact it is a duck.

### **EMOTIONAL BODY CARD**

My mind immediately concluded the following: we had a much faster clearing biocircuit and the big 3 was flushing and seemingly neutralizing CCW patterns. There were no wires and no gloves, socks or shirts with magic circles. I now wondered if the LF could be instructed to send big 3 to the accupoints used in EFT? If so this would be like a super tapping with 10 hands on all points at the same time! Like Lord Shiva with all those arms. John made me such a card, but also threw in some additional points discovered by our earlier teacher, Wayne Cook. Wayne

was, next to John, the most brilliant and objective, subtle energy researcher I had known. He was selfless in his pursuit of truth.

I received the new accupoint tapping card. It felt much like the bio-circuit one, except I felt a very slight energy flow at each of the emotional accupoints. I tried it on a few friends and immediately saw it do the tapping for them and way faster, like the speed of light. I was thrilled. I carried them around with me the BC and Energy Psychology Tapping Card. The second day I got big time pissed at some very deserving person. I was livid! I felt like throwing something! The funny thing is that I was 90% in witness consciousness. The drama had a hollow feel to it, like I was watching a not so good copy of a rerun of a B movie. The compulsive drive was out of it. I could almost switch it off and on--almost but not quite. It was like de-tuning a sail on a sailboat. The sail is still there but when you let it luff or flutter. the wind has nothing solid to blow on or put wind pressure or push against. The pattern ran for about ½ hour as I walked and fumed. It got lighter and lighter. Then it released. Funny thing, I have not had that mechanism get tripped again. It has not re-triggered. Is this proof that it will never re-trigger again? No, but it was the lightest and shortest upset I have had of that type ever! More like a small CCW cast play on closing night from a long unwelcomed run.

I loaned the quantum cards to a few friends who were trained therapists and saw the same release scenario re-occur. The most astonishing aspect of my observations was that the bigger the upset or breakdown the faster it seemed to clear. This is the opposite of how I saw therapy working. Even with TFT and EFT and a number of other advanced Energy Psychology tools the bigger or more charged dramas took much longer. (The explanation of the mechanism of how bigger releases faster is coming up) I knew we were on to something big.

I called John and immediately scheduled a work session. Half of me was blown away and the other half waited to repeat the last 5 years pattern of finding out that it would not continue to work for some reason. Maybe the card would clog, maybe it would stop working, and maybe I was making it all up, maybe on and on. Again the more I seemed to worry the lighter it got. With this new form of Energy Psychology, the harder you can turn on the feeling the faster and better it releases. When carrying the card, and I have a small to medium size unwanted feeling, I make it as intense as I can, and then feel it release. These phenomena took some time to get use to, as it seemed to be counter intuitive. At the same time, there was an inner certainty that everything was alright with the world. I felt grounded in an inner certainty, all the while, and there was also a thin cloud of worry.

At John's workspace we tested and re-tested. We stood in front of a computer, with either Q card in my left pocket, with my left hand on the computer screen, left hand near a florescent light, left foot on a powerfully toxic lay line, left hand on a cell phone, left hand on a cordless phone, left eye (input) seeing the computer screen. In short, John tried feverishly to provoke a strong CCW spin. I also

thought of as many stressful incidents that I could come up with, including that I had little sleep the night before, anticipating the work of today. John's test equipment would spin CW, then go neutral and start to spin CCW, then bounce back hard to CW, get in that groove and stay that way no matter what we did to provoke a stress reaction. I even ate a somewhat energy toxic lunch of caned food (not my usual fare). No CCW! John performed the soon to be famous Twinkie test; he tested the Twinkie and, of course, as with all those synthetics, it was CCW. He measured the napkin. He placed the Q card on his body's left side and took a bite of the Twinkie, chewed it and spit it out on a napkin. He tested the chewed Twinkie and it was CW. The short time the Twinkie was in his mouth, while in contact with the Q card, reversed its degraded spin. John then ate the Twinkie, swallowed it and continued to test his body for CCW but it was not there. The Q card can transform even a Twinkie to CW spin. There is truly the Twinkie defense.

Then John got the idea to measure my body for big 3 while I was holding my left hand against the computer screen. Sure enough testing my left foot with the big 3 cards over it, my body for the 1st time in 5 years wanted the energy and took it to neutralize the CCW computer field! Why did the LF want the big 3 now and not before? Answer-because the body was under attack, under load by a toxic field, under siege. John in all of his 100's of measurements (bless his heart) never introduced a load while measuring. The body and life force only wants big 3 while under stress or load. Big 3 is a neutralizing agent, it comes into play only as an antidote for stress. You do not need an antidote when there is no unwanted condition. Stress or CCW spin or fields trigger the LF to accept the Big 3. No load means no need. The card was apparently programmed to make Big 3 available as needed. This prevented an accumulation, as the circuit was not complete at the 1<sup>st</sup> stage until someone touched the card. The circuit was not then complete 2<sup>nd</sup> stage until the stress showed up and then, and only then, did a flow ensue. The circuit was complete. The flow was directed to the emotional body's points and BC points. In short the body, under stress, wants big 3 and we seemingly provided the best route and points to do a proficient cleaning and clearing job. In no case, no matter how much CCW spin was present in the environment, did it produce a CCW spin in the test subject for longer than 1/20<sup>th</sup> of a sec!

We tested on into the night but still the same result. When we put the card on John's big old style TV's power cord and then the TV back, I was almost expecting it to out-arm wrestle us again, as it had for the past 5 yrs. However, what a welcome surprise to see a very strong clockwise spin emit from the front of it. And it kept on with a very strong CW spin. It was as strong as it previously had spun before, but then it was CCW-going in the wrong way. It seemed like it had transmuted its CCW into CW! As bad as it was before was as good as it was now. John then realized the key ingredient was adjusting the language of his self- styled computer quantum program by having introduced the word *transmute*. Before that, other words were used that attempted to block the CCW, change it, make it go away, send it elsewhere, etc.

Even send it to never never land. Lumin even wrote an experimental program sending it to the center of the earth. The key here is to *transmute* the energy in an Aikido-like fashion or move but not to meet and resist it head on. This way you take the attackers momentum and use it to your own advantage, not the attackers. In this case, since there is way more CCW in this world than CW, the elegant answer is to transmute it to CW, gaining big time amplification and leverage. Remember the statement "I can move mountains if I just had a lever." We got a lever and the LF transmuted a mountain.

I have a strong impression from the way I felt that it had all turned out. I also wondered how big 3 worked all on its own and not through the virtual bio-circuit system and without the direction to access the Energy Psychology accupoints. John guestioned the same thing, and he made a bliss or quantum card with Big 3 and no designation as to what points in the body to access. We spent some time measuring it thoroughly. John tried the experiment on many subjects and so did I. We found that it is the sworn solemn duty of the Big 3 to go to the site where it is needed. John cut his finger on a table "accidently" to test this hypos. After cutting his finger he measured the injury site--no big 3. He then held the card in his left hand and instantly there was Big 3 markers in the blood exuding from the cut on his right hand. Do you see how big of a break-through may exist here? All pathology or injury spins CCW. Healing fields from a Chi Gung master spin CW. After the treatment, the injury spins for a short time CW. After each treatment, it spins longer CW. When it is healed it spins continuously CW. The word "heal" spins CW, the word "injury" spins CW. Organic produce spins CW, toxic or injured produce spins CCW. Get it?

He then checked a subject with pain from performing certain aggravating postures by dowsing the lower back. No Big 3, but when subject held the card and then flexed her back to turn on the pain, the Big 3 were there at the site of aggravation or injury. The same holds true for all mental stress we have tested. The big 3 goes or is dispatched by the LF to go to the front lines of accidents, stress and injury. It needs no special direction to do this. It is not nice to try and fool Mother Nature! It is rude to tell Mother Nature what to do when she is already doing it. We found our job was not one of directing but one of supplementation.

### BYPASSED EMOTIONAL CHARGE

Another breakthrough that has come to light is how the Q card cleans up or destresses a traumatic incident right on the spot. The exact moment when something is triggered is the exact right time to release it. Actually the best time is as it is triggering. When an upset or breakdown occurs stress or CCW electrical charge is reactivated. The longer you wait to handle it, the more times you think about the **incident** making may more triggers. From this reduced awareness you also start making faulty decisions based on the feeling, making erroneous conclusions based on anger, fear, resentment, blame and other feelings. When these devitalizing fields occlude your ability to clearly, thinking is worsened by

bringing distortion or noise to the already uncomfortable incident. Soon people try to solve the uncomfortable feelings by placing counter feelings in the ongoing incident to try to balance it out. If one is feeling irrational fear, the apparent solution is to not care or to resign your purpose and leave, rather than confront the feeling; if one is feeling anger the idea of breaking something may come up. As one acts upon their unresolved emotions or attitudes they often say or do things that are inappropriate and later regret, causing the earlier incident to continue to persist and become ongoing. It becomes chronic. The drama continues. Perhaps alcohol or drugs now become the new solution that can quickly become the new problem.

Never before has there been a non-invasive system that is solely self - administered, that is not a drug with often toxic repercussions, that simply by wearing it, can clear up undesirable reaction on the spot. Your personal release process with this card can take place in any situation without drawing unwanted attention to yourself or creating an unwanted discussion about it. You do not have to remember to take it 3 times per day at meal time. You do not have to take time out of your busy schedule to handle it. When you nip it in the bud, so to speak, you release it before it becomes bypassed, snowballs and keeps getting larger. Of course you can always add EFT or TFT or prayer or forgiveness or meditation or creative visualization, affirmations as an addition to the Quantum card process. We predict that your Q card will support what ever clearing or stress management process you currently employ to work far better and to make a Quantum leap.

## **CLEARING THE WILL TO HEAL**

# Our belief in disease is a direct mirror of our mental state De-activating low vitality beliefs and expectations

I also would like to state for the record that I do not consider that the Q card as a replacement for any therapy. There is great value in having an objective person ask you questions that you have neglected to ask yourself and guide you into answering them truthfully, completely and fully. I included in my research getting EFT by therapist Michelle Lueschen. Her interaction has made a profound shift in my life. I found the Q card to greatly speed up the process and especially my tapping homework.

# TRANSMUTE ALL DETREMENTAL ENERGY TO VITAL LIFEFORCE WITH HARM TO NONE

#### A science of intention

The Q card works maybe the best and is the most useful for helping clear up major upsets and emergency situations where there are extreme emotions and lots of human emotion and reaction accompanied by irrational thinking patterns, with a

plethora of wrong answers coming up automatically and being acted out. These situations occur often in academic testing, relationship breakups, accidents, difficult decisions, overwhelming tasks, work overload, family reunions, making investment decisions and deaths of loved ones, etc. I am sure you can easily add to this list. The beauty of this system is that you can clear all forms of CCW adjitation (we have encountered) quickly and easily with just a little practice.

I also suggest that if you are having trouble communicating with someone, having an argument or upset, that both parties place the card on the left side of their bodies. Both utilizing it will place them both into the highest possible resonance and help clean on both sides simultaneously. Q cards are a good emergency assist for one or more people. Used in a group they tend to release subconscious group patterning.

I and a few of our research associates have been living our lives with the quantum card in our left pocket. As easy as it is I wanted a system that I do not even have to carry a card. For instance, Sharon who was wearing a dress that had no pockets and was in an upset and crying; now what? Try to easily get a crying, upset subject to hold a card; it is not that easy. They lay it down, drop it, leave it in another garment, etc. A few times I took off for the day or evening with out it-leaving it in a shirt or coat pocket. Now even this slight logistical incontinence is solved. An even easier form for the Q Card is to be able to download it from our future web site. The card can be printed out and laminated so it will not tear or crumple or get water damaged. Staples, Office Depot or such can do this in a few minutes and for just a few dollars. It can also be slipped into a luggage card or business card holder, wallet, etc. But even better yet, in my opinion, is to download it and have it on your computer's desk top, booting it up in a reduced size on your computer screen from your desktop. The difference in the way you feel is dramaticn and after more testing we find that every test subject spins CW with this application. You can also load it to you picture iPod or other portable players, into the photo section. You can have this quantum card on the screen as you play all of your music, notice the difference in having you and pod and computer all with raised vitality and resonating together. You can also load it into a picture phone to clear CCW during your phone calls. When loaded into any electronic device in unadulterated picture form, the big 3 field is amplified, even if the device is off, because current is always flowing through the circuits, even if the unit is off or in sleeping mode. You can also take a picture of it with your photo phone or regular camera and up load it that way. You can print it out on a T shirt, cup or mouse pad. Many malls have vendors who can do this quite inexpensively. You can print it out and hang it on your wall or print it out in a reduced size and place one in each corner of the ceiling ( sticky back print paper) to clear the room, just like the X we make with the energized flashlight. You can also print it out on a sticky back paper and stick it on to the outside of your breaker box or print it out small on sticky back transparency paper and place one on each corner of a large window. This way all of the light coming through it will be structured light. You may also wish to take your favorite photos or paintings and print out sticky back Q

cards and stick them on the back of the poster board or print out one for each back side corner of your art piece. Your favorite art works will now become a powerful bliss factor in your home. Lumin has been experimenting with large 3 by 4 ft cards or posters. John suggests placing each energy posters under the bed to neutralize and transmute the CCW from toxic earth lay lines. I see an energy bed industry here soon--maybe it is you.

When you place a quantum card on <u>any</u> electronic device or its electrical cord, it will convent it's CCW to a CW vital field. The card then feels like a much larger vitality field. Try this experiment--place a Q card on the bottom or top of a pile of energetically offensive devices utilizing your iPod, cell phone, cordless phone, CD player or tape player, Palm Pilot, hair dryer, clock, boom box, etc. The larger the stack of these previously offending devices the more CCW that will convert to CW. These devices need not even be turned on, but if you turn them on notice the big increase of vitality in your already coherent field. Try the Q card with just a Pod then add to the stack one by one with devices all turned off while sensing the energetic differences at each stage. Then turn them all on one by one. A bigger more coherent field will instantly develop and increase. Want more proof?

I used my large garage workbench to stack a big energetically dirty, Halloween cannon strobe, computer and old dirty CRT monitor, large 3 tube florescent light, smaller florescent light, electric drill, regular TV and lap top computer all on and all in a row. It was an 8 ft attack stack sitting on my work bench. This is a nasty mock office set up. This stack is a series circuit each emitting it's dirty field which gets amplified by the next appliance and then re-amplified so forth and so on. Stand in front of this "atomic pile" and sense how disorganized and hyper it feels. Notice it may create eye strain, tiredness, mental dullness, a wanting to leave feeling, grouchiness and irritability and fuzzy thoughts generating fuzzy thinking patterns. Some just feel plain old anxiety and nervousness. Some commented that it feels like a hangover. Now place one  $\Theta$  card on the last in the stack closest to you, for my experiment it was a lap top screen. I fixed the Q card on the laptop screen with masking tape so it will come off easily and not leave a tape signature. Now stand in front of this formerly CCW electromagnetic soup and feel the difference. Big, big deal!

The longer you stand there the better you will feel. I got a futon and laid there, one of the best meditations I have ever had--in the garage no less. Want more proof?

With the Q card affixed to the lap top or computer screen, touch the screen with your left hand. Notice the longer you touch it and hold it the better it feels. Some say that in the beginning they feel nothing but still do not want to let go. Your computer can feel more like a smart pill!

As long as you have the Q card in you left side, you are resonating with the best energy we know of. It also just so happens that it likes to transmute CCW into ordinary bliss. This Q card acts as a transmuter of personal stress, and the CCW

spin of electronic pollution wherever you go. Note--do not endanger yourself as there are obviously situations we have not tested and probably will not such as nuclear reactors, power plants, war zones, gang fights and many other emergency or highly dangerous situations. Proceed with caution! Do not use it while driving or performing any task that has an element of danger or requires your undivided attention. We are not responsible for any mishaps or losses due to your use of these cards. If you can not take full responsibility for your applications and your use of this card do not use it under any conditions! Destroy it and move on.

Does this Q Card protect from you from ELF and EMF? We have tested these products for 5 years. We know how we feel around them. We have used biofeedback, muscle testing, dowsing and many other instruments. To responsibly make such ELF and EMF claims our free product needs thorough, independent testing. We are not medical doctors and therefore we can make no medical claims for it. If you are ill, get competent health care treatment and try our product along with the treatment, if your doctor says it is ok. So, we can make no such claims. We offer this free test product to get your responses and your feedback. Yes, we do intend to have it undergo rigorous independent testing, however that could take years for the published results. In the meantime, see if you feel the way many others have, by putting it to work and letting us know how it is doing for you.

I would also like to state that ELF and EMF are two CCW spinning, energy depleting, electromagnetic fields. We have not gotten rid of the electromagnetic component. We have transmuted its unwonderful impact and created it to be not only bio-friendly but bio-vital. The electromagnetic field is still there, however, so conventional testing equipment may not know the difference. It is much like the earlier sail analogy. When you loosen the sail and let it luff or flog the sail is still there but you have de-powered it by giving no hard surface for it to catch the wind. The result is that the sailboat is not now over powered by the wind and sits at peace. However the sail is still there, it is just no longer a problem.

All life forms emit an electromagnetic field so such fields are an everyday occurrence and are not harmful as such. Are their instruments, sophisticated enough measuring tools, in test labs to know the difference between a bliss and depression field? We will soon find out.

We have taken the much successful formula we have presented here and advanced the formula by John's including WL and LF with it. We are offering it free as a download. We do not want to ship, handle, print, laminate, package, etc. The free sample download from us allows you to download and print all the cards you want, as many cards as you want, and it keeps our lives simple, so we can continue our adventure with the LF.

What I suggest is the following: download many cards. Print them out and place one on the front side of the power box for your house and/or office. No need to open the panel. Just stick it on the outside of the panel securely with tape or print it out with sticky back paper. Stick one on each power cord for lamps, computers, hot tubs, saunas, blenders, water purifiers, water pipes, gas pipes, back of iPod, cell phone, cordless phone, stereo, TV, lap top, personal organizer, etc. Your house current and appliances will all be resonating CW and humming a blissful tune.

Down load and save it to your desktop for each computer and re-size it small and place it on the screen for all computing needs, save to your photo iPod as a photo for all poding, cell phone, in photo section, for all calls. Personal organizer for all organizing. Take your USB key and save it to it. When you carry your\_key around your neck, you get the benefits of carrying a Q card, but it is now psychoactive jewelry. Look on line under USB keys for some great USB key designs. You also might like to purchase a USB bracelet that will go on your left hand. Now this is my personal choice--for a no brainer-- because I put it on in the morning and take it off at night; it is that easy. Some bracelets now are advertising being water proof.

# 100% duplication is necessary for a working link

I need to inform you of the utmost importance of duplicating the Q card with 100% exact duplication. This means the corners, edges and all parts of it ledgeably. If there is any glitch in the e-mailing of it, downloading, storing, printing, etc., the card will cease to function. If you change the numbers or codes in any way the cards field dies.

# Q Cards and AAAD Your witness

These Q cards contain the fields of HNG, LF and WL among others. These fields are action at a distance fields. That is how we get the energetic signal info to manifest on the card. This means that you can utilize these fields to perform AAAD.

When the card is not in use, place it in a special place and have with it a picture of your self alone, no pets or children added or a clean zip lock bag to place your witness. Your witness can be your hair, nail clippings, your signature on paper that you have wiped on your forehead to get a good DNA sample, or your picture. A photo copy of your driver's license works well, providing it is current, particularly after wiping your forehead with it.

Place your witness on top of the Q card and see if you are sensitive enough to feel the energy shift. This broadcast is generally not as strong as actually holding the card or having body contact with it but as we open up this subject I will show you how to generate a most powerful AAAD result.

The Q card generates the field that contains the AAAD fields. The LF contains 12 fields and contains both HNG and WL. Our 2 DVDs also contain these 2 fields. Any thing you place between the Q card and the witness is called the trend or

input well. If you place a picture of Kava Kava in between the card and your witness, the energy of KK will be transmitted to you where ever you are via subspace. Nothing blocks it as it goes through everything and nothing to get there. It is an instant transmission. No communication lag. If you also place in the stack the written word "peace" on a 3 by 5 card, then you will get that energy too. You could replace the Kava Kava picture with a bottle of it and get still more Kava energy. You could write a short note to the LF giving an exact description of how you want to feel, the LF will oblige. If you write a confusing description or something that you can't really imagine, you will get just that. As in John's smelly sulfur water mis-hap. I suggest you always include the error canceller "with harm to none." Always start simple by having the LF focus on just one process at a time. To tell the LF that you want a new girlfriend, to win the lottery and look like Barry Manilow, simultaneously, is way too much. Look at what you would like to release behaviorally and what traits you would like to affirm and expand on that. This is a good beginning.

The next point to look at is that the trouble with using your picture or personal witness is that as you learn how to do more powerful broadcast there is no off/on switch to turn the broadcast off and on as it is going to you directly. I suggest that you use a picture of an electric watch as your witness so that you can take it off, if for some reason you want to interrupt the broadcast. Say you are finding too much stimulating energy later at night when you are away. This empowers you with a simple off/on switch.

By choosing an electric watch that you will wear on your left input hand, the watch being electric will amplify the broadcast. For extra link power turn to the back of your watch and either scratch, inscribe or place a few dabs of forever paint or nail polish there. Now the LF knows you mean that watch and no other. If the watch is older it has developed character and a singular quality of scratches that make it unique-one of a kind.

Now that you have a very good link, let's raise the out put of the broadcast. This will require a TV. Turn the TV on to a blank station one with no signal. If it has an audio out jack plug, plug a jack in there to cut the volume output. You should now hear no audio. Raise the volume up to full output and place the Q card on to the TV screen with masking tape or a tape that leaves no residue behind. Feel the way the energy comes out of the TV. It is clockwise spinning. Adjust the volume. Do you feel the intensification when you turn up the volume? Take the Q card off of the TV and feel the difference. With the Q card off it feels disorganized and chaotic; with it on it feels silky and smooth. Now place on top of the Q card the witness say a picture of you. So there is the TV and stuck on the screen is the Q card and on top of that is the witness. The witness is always the last one on. Now walk away from the TV and see if that smooth and silky feeling follows you where ever you go. The more you work with it the more open and sensitive you become.

What happened there was that the Q card transmuted all of the CCW from the TV, giving it a stronger CW spin because of the conversion factor. Now put a picture of your watch or some electronic device that you carry a lot in place of your picture. Maybe an iPod, cell phone, personal organizer, GPS, etc., you will get a still greater amplification factor than the watch because you are broadcasting into a larger amplifier. You always want to keep the device on the left or input side of your body. In a pocket or belt poach.

Want to go to the next level? Place pictures of various herbal compounds that you take between the Q card and the link one at a time. These pictures are called trends. Try Kava for sleep and stimulating herbs say ginseng for the day. Have them broadcasted to an electronic device that you carry each day. You might like to write a goal or a prayer for the release of an unwanted behavior. Replace the pictures of the supplements with real compounds. Try Gota Cola, Ginseng, St Johns Wart, Sam e, etc. Notice the differences and similarities among them.

You can greatly increase the power output by ordering and using our 2 DVDs. They contain the 2 AAAD fields in abundance. If you wish to hold off on that purchase, go to our web site and play the WL field on your computer with the volume up full and a jack in the audio out. You are now adding some more WL even though the WL on the web site is compressed so there is much less of it than on the DVD. If you have our 2 DVDs, upload them to the hard drive. Now open as many copies of it that will play simultaneously, try 2 or 3 at first and maybe 5-6 if you have few gigs of RAM and run them stacked one behind the other. You have Quantumed your power output.

To power up even further, go to your computer or TV and place a stack of electronic devices in series. This is for those who are about to turn pro. Stack a computer body and then monitor, portable TV, florescent light, clock, radio, strobe etc all in a row. The TV or computer screen closest to you is what you will stick the link on to. The electronic smog from the series of appliances will go to the computer or TV screen closest to you and on that screen goes the Q card then trends- words or pics or herbal products. On top of that stack now closest to you goes the witness or link.

Get out two 3 by 5 cards and write the exact alphanumeric sequence on each. Write about 15-20 did gets so it is one of a kind. Now, this is your new witness. Take off your picture or any other witness and tape the card to the screen last in line. Turn it all on and walk away with the card. Have a friend try it and hold it for awhile.

This next step means you have turned pro. Use your computer and printer and print 10 cards with that same sequence and throw away the 2 hand written ones. Tear them up into small pieces and place them in a few different garbage of recycling containers. Tape the new 3 by 5 card with the sequence on it to the

screen. It is still the witness and is last on the screen and closest to you. As long as you keep the stack of electronics going the 10 link cards will be activated. Give them to your friends and research associates. They must be carried on the left side of your body. You might put the card into a Pod, electronic organizer, portable radio, GPS, cell phone for clearing and amplification purposes, etc.

#### 3D links 3D trends

You can again increase the power of the system by using 3D trends. By stacking various digital substances in a series on a laptop screen as an example, with the screen lying down, with the Q card behind the screen, and pictures and words as trends in word or media player, etc., and then on top of the screen substances or sacred objects. Then the link goes on top of this.

You can go to the next level by using a 3D link. I am at a resort in Mexico writing these materials. I found an effective link by taking out 10 butter knives from the drawer. I made sure that they were all of the exact same brand and pattern style. I placed one of them on the screen as a link and then I tested the other 9. They all were receiving the energetic broadcast. I used live trend samples of Kava, PABA, passionflower, valerian root, lying stacked on the screen; you can place each in a natural hemp envelope if you wish a fine tuning. I had pictures of various relaxing substances I had gotten from the web and some I had taken by camera at health shows. I put them all in a series with the actual live link knife on top. I put the other 9 knives in an empty coffee cup and set my fan to blow air over them. The air from the fan blew over the knives forming a loose grid and all or most of the blowing air was structured by the broadcast to the knives. The fan wind was very relaxing. I slept very well. If you also take a very little bit of Kava and other trends orally then you are further going into resonance with the broadcast. You poetize the samples you have taken orally.

I could have also written a trend program instructing the LF to have all air blown over the knives charged to maximum capacity promoting my deep sleep and lucid dreaming.

# WISH FOR EVERYTHING THAT YOU WANT-- BUT JUST ONE AT A TIME **PLEASE**

## Concentrate on negativity and it shall be released

Do not get too much instruction to the LF going on to fast or your focus will become defused and you may hear John saying "bridge too far!" as he does to me when I try to get every goal going on at the same time and throwing in the kitchen sink. Keep it simple or the energy will die as the LF and/or your subconscious will become overwhelmed. This is a lesson I keep learning and learning and re-learning. Word to the wise.

For day time broadcasts do the same thing with ginseng, DMAE, Choline, etc. Let us say you are taking a test. Use your computers word program and ask the LF to Release all subconscious beliefs that might inhibit me using my highest intuition and full mental abilities. Bless me with full self confidence and self assurance for maximum right answers. With harm to none Put this word intention statement in your trend stack on your laptop as in this example. Use your picture as the link. You can also employ a picture of your electric watch, iPod, calculator, cell phone, etc., as the link and have these items on the left side of your body.

If you run a few copies of our iBliss DVD on the screen you are adding more WL and HNG to increase the AAAD effect. You can also do a similar rendition without including a computer by stacking your Q card at the bottom, next ginseng, other smart pills or pictures of smart pills, then the statement of intention to the LF and your link on top.

You could also create a result by taking your Q card and placing it in a cloth or plastic style envelope that you find in stores and on top of the card put pictures of substances and then a statement of intention and hold them together with a rubber band. Just have the trends facing your body in a left hand pocket or fanny pack, now you are the link. In the previous study and testing example this process will not make up for a failure to study or poor study habits. It will help neutralize counter productive thinking and behavior problems if your goal truly is to pass the test.

This study example broadcast would have been even more powerful if you would have used it before and during study time to become a better conditioned subject. You could also go to the classroom where you will take the test and take 4 pictures--one of each wall and/or go to Goggle earth and take a roof shot picture of the testing room from Goggle earth. Now send the same broadcast that you were going to send yourself to the room. You gain great amplification factor by sending it to the room as it is amplified by every lamp, heater, air conditioning unit, computer, telephone, cell phone and every electronic device and all of the room objects. The whole environment will be energetically sending you the greatly amplified signal to be at your best. The people in the room that choose to resonate to that broadcast signal will be subconsciously agreeing to for you to be at your best reality. All of that life force intended your way will raise your vitality and self- confidence. You have to perform this process again and again and again to fully understand how easy it is to become the master of your own reality. Intention works.

### WINNING THE LOTTERY

Creating and maintaining a total positive attitude in all matters

Why not direct the LF to have you win the lottery. Unfortunately I do not think it works exactly like that. You could start the process by directing the LF to -

Release all self -doubt and replace it with intuitive ability. Release unworthiness and replace with the feeling of achieving my wildest dreams. All is possible. With harm to none

Each day adjust the program by adding for release any additional attitudes, emotions, beliefs or behaviors that contradict your goal. Delete from your intention statement all of the issues that have released. Do this for 30 days. I am not saying you will win the lottery but I bet you will go to the next level in your prosperity and intuition path. For the next 30 days just stay focused with just this one goal. Let go of the temptation to try creating a better mate, lose weight or be a better public speaker. They can come later using the same 30 day style program.

When it doubt run this program on everything. The more you perform this process the better you will get. The release time will also speed up.

### **BURST ENERGY**

Renewal

John and I early on discovered something about pulsed energy and this realization came from John's continuous testing concerning static vs. burst energy. Burst energy has a pulse in it -static does not. With many forms of energy if you create a static field the energy will go or run or outflow for awhile and then soon die. With pulses done right, it will go on for ever.

When you flash energy containing pictures on a computer screen, each time energy containing pic pops up, it gives off a burst of energy contained in it--a pulse. If you run 25 or so frames per sec, meaning 25 pics flashing per sec, you get a lot of bursts. It is very far from static. This is why our DVDs works so well is that behind the scenes there is always a long series or stack of burst energy circuits flashing their pulses. In some cases with certain energies the body will not take in a static field but it likes it in pulses.

Most computers have as standard software packages Media Player. This piece of software is ideal for hosting multiple burst energy trends and links. With Media Player you can take pics with your camera and scanner. I bring them into My Pictures program and then into media player. Let us say that you want to create a trend circuit, you have pictures of a group of smart pills, spiritual objects, a statement to the LF and some issues you want to release. The written statements can be photographed from hand written notes or they can be written in word and then photographed or just written in word and brought in from word. You then make movie media composed of your pictures and select raw footage preference and each 1/25<sup>th</sup> or so of a second you will get a flash of burst energy with one of your pics flashing. It is like a very fast slide show. If you are running our iBliss DVD behind it and Q card(s) in back of the monitor or taped on to the screen, the energy will go to the room. John has tested it and when you have a link stuck to the screen *all* of the computer, Q card and trend energy goes to the link! None of it is wasted or escapes. If there is no link on the screen you, the audience, becomes the link.

You can also create a multiple link circuit by using again your media player. My link circuit on MP is composed of a pic of my houses electrical box, iPod, cell phone, favorite T shirt, dancing shoes, other lap top, hot tub, sauna, electric water filter, fan, shower head, watch and jewelry, hot water heater, bathroom heater, an iBliss brochure and 4 pics of my house from all 4 sides and a roof pic from Goggle Earth, my gas line and water lines inputs, etc. I also have some remote links there such as my mother's house and a few clients' requests. Each link pic gets a blast about every 1/25<sup>th</sup> of a sec. John has measured the brochure as a test and it shows a very slight pulse-- but very slightly-- but mostly a strong steady signal field. The capacitance of the paper charges up and it feels and measures like a steady charge.

You can stack Media Players on the screen and if you have more links then 25 or so run up to 4 link media players in 4 corners of the screen all at once. This means on one computer you can easily get over 100 targets all looped and repeating at once. John, Lumen, Richard and I were earlier on looking to create our own software for this work but the Media Player does such a great job and is so bug free why not just use that? It is a free download at this time and older copies of it work just fine. We use to use Quick Time movie maker but it is complicated and it takes someone with Lumin's or Richard's talent to make such. With MP even a novice can make a movie trend or link program in about ½ hour the first time out.

You can also use a USB key with a separate grouping of trends and plug them in to your computer when you want, keeping your computer desk top free from clutter. When you plug in a USB key even if you do not boot up the files, just the electricity flowing through it will activate all of the files there.

#### IPOD TRENDS AND LINKS

Your Pod can also serve as a trend or link circuit. It does burst energy just like the computer. You can run this on repeat photo or movie. You use your Q card placing it on the bottom then Pod flashing with trends and then picture link(s) could be in your USB key on top. The key here as John has shown so many times is that the energy has to flow *through* the trend to the link. The key is *through* and when they are bursting the energy it always continues to flow if propogated standardly.

You could as mentioned also have a lot of your links in separates files on a USB key and place it on top of the stack. All of the link USB key pic files will get the trend energy that you send. In this model you need no flashing links but just a USB key for a link circuit.

## SPEAKING TO THE LF

## Keep it simple

The more you work with the LF the better you get at manifesting what you precisely want. You also get better at knowing what you want. It is your set intention with amplified LF and the use of AAAD carrier waves that potentize your manifestation. When you add the big 3 for sub-conscious clearing you have a complete program.

Here is a program John shared with me that I re-wrote for structuring water. This may give you some ideas for what you want.

Have the computer screen light energize to full strength the ginseng alkaloids content in this picture to very high intensity and permanently transfer to greatly boost energy and vitality to this water sample that the screen light shines on With harm to none.

This is an example that is probably too wordy as John would so often say "bridge too far!" Always look to make it simpler as you go. This program made some great buzz water with a nice lift. You could use a trend pic or live trend sample of any substance to do this with; this is a simple transfer energy process. You could also have a picture of the water bottle. Tinted water bottles keep the energy longer. Place the pic in the media player or better yet have 6 pics of it from all 6 sides flashing in your MP. This is if you want the best job and are out for bear. You could also have a trend statement of alpha frequency or delta or theta frequency. You could also use a signal generator and make a sound track of the signal and splice it in media player. Lumin does this well. For sleep, for example, you would record delta pulses or find some copyright free CD delta pulses for sleep. You could also play a delta CD from your hard drive during your media player flashings and have a very potent broadcast. Turn up the volume full and plug the audio out jack.

This statement was inspired by Grant Connelly of Z point. I have modified it to fit these applications. It is a great statement of intention to use with your Q card.

I hereby set a clear and permanent intention within you, my subconscious mind, to effect the highest of all possible results by this clearing, and that each time I notice a pattern or patterns I wish to delete, you will release all such patterns completely with harm to none. Each time I use this Q card you will access and release deeper and deeper layers of counter clockwise energy in all parts and in all manifestations of my being. You will permanently convert this counter

clockwise spinning energy to clockwise and install the feeling of bliss and financial abundance.

You may like to place this trend statement in your media player trend program or just say it when you pick up your Q card for the day or night or for the release session or for the start of a creative project.

A client and friend of mine had a court date where the outcome meant a lot to him. He went to the courtroom where this would be adjudicated and took 4 pics of all 4 sides from the inside and one roof shot from Goggle Earth. This may not be legal in your state or country so check the laws first. He then broadcasted energy with a trend for his desired outcome to the building with harm to none. He used stacked files of WL and HNG as carriers featuring our DVD's generous field library. He wrote a trend and sent it to the building. The theory here is that the LF in combination with his trend will be irristable and all those open to this outcome will further resonate to it and receive a vitality boost and energetic clearing. The program was that they will feel better upon receiving a deep energetic clearing every time they think of his desired outcome. It worked. Maybe it was going to work anyway, as there is no way double blinding the event to see if this outcome would have happened anyway. But he sure had a lot of fun with energy clearing anyway with less sleepless nights leading up to the trial. He no longer felt like an un-willing effect but felt he was doing something about his desired result.

#### Results

I would like to show you a next level of getting manifestation results. This may cross an ethical or moral line for you, so realize I only offer it as a theory and example. I will also state that it works a lot of the time. You decide if there is an ethical problem practicing this way.

When I talk to people and I start to feel critical or judgmental about them I send the flow of unconditional love to them just in case they have picked up on my bad energy transmission. Judgments and predjuces are nasty trends that incline people to go into agreement with them which puts CCW energy and limits upon them. Especially if they are in resonance with you. This is an example and remedy for personal low vitality transmissions.

In the courtroom and testing environment example, you could go to the next step. You while in a light trance state from our fields and while Big 3 is deeply clearing your field of counter programming you could run WL and HNG to project your trend to a distant location. You could then visualize before and during the event that your desired outcome is realized. You could mentally and visually place this outcome into the walls, electrical devices, furniture and people. Did you get a reaction when I said people? Some might have such. When you place this intention into the environment and people you increase the odds in your favor.

You could also use John's cancellation phrase with harm to none. If this was black magic you might say with harm to none except [target]. I personally do not consciously send people bad energy. I do put up an energy bubble or mirror so that whatever people do to me is mirrored back to them. I think this is both ethical and just. They get a taste of their own medicine. It deflects the energy and they get instant Karma. I also intend for their selfrealization and transformation and that after they get the message, all energy is transmuted to love.

When you place your successful outcome energy into objects and people, you will find that they all develop a common resonance. A point of agreement and group shared reality or coherence. If you skillfully continue your broadcast for some time you may notice that they are now sourcing your idea as if it was their own. It is funny when they then try to enroll you into what they thought was their own idea all along. I do not do this on a regular basis. I do it only to test the validity of this abstraction. It is certainly an advanced method of trending your own reality.

### **BUZZZ FACTOR**

If you are one of those people who want more buzz or bang for your money then this may be for you. If you print out a Q card stick it to the back of a metal plate or flexible or non flexible magnet. The reasoning for this is that magnets and metal be they aluminum, galvanized steel, brass, tin or etc all are manufactured with high voltage electricity. High voltage is a strong CCW spin. When you feed your Q card strong CCW spin the card transmutes it to a strong CW spin. The former CCW electrical field now becomes transmuted and amplified to a strong CW spin, vastly increasing the vitality of the field on a 24/7 basis. This brings about a "preventive" aspect to your use of the card. When you feel vital and energetically strong the chances of getting energetically dinged are way lessened. When you place the card against an iPod, metal or magnet you make the card work harder on your behalf generating a more dynamic field. You need not be under stress or load to enjoy the transformative benefits of vital fields.

### SHAPE/ FORM

When you broadcast to an object the success of the broadcast hinges on shape/form. If you put an actual live shirt on the screen while running the above mentioned programs and have another identical shirt on hand, the shirt on the screen is the link and the shirt in hand gets the energy. This works fine until you change the shape/form of the shirt by rolling it up or folding it up. What has now happened is that the LF thinks you mean all identical shirts of that shape /form. If you where to cut the sleeves off of shirt, the broadcast energy will die. However if you use the shirts label then you are going to an alphanumeric code on the label and the LF knows to broadcast to it no matter what it's physical condition unless the label changes. If you place one candy bar on the screen or one pillow it will go to all candy bars and pillows of that shape/form. You of course can specify other qualities for the broadcast like that each person who consumes the

candy bar or touches the pillow will feel bliss approaching ecstasy, and to the degree you can embody this and place the appropriate energies together in a coherent program, this result will occur. If the pillow gets squished the broadcast will cease. In the pillow's case broadcast to the label.

## DIGITAL PHARMACY SUPER TRENDS

As I have spoken about earlier, there are a number of trends you can use to create specific AAAD results or up close and personal special effects. WL and HNG are the two carrier waves that are Par Excellence. They carry whatever you mix with them faithfully. You might like to get pics of various health substances from the net, camera or scanner and make trends of them. The rule here is that the more mega pixels the pic captures of the mother or original substance, the more subtle energy of the subject substance it captures. Ten mega pixels or larger is great. You can also slow scan a let us say, bottled health substance and get a huge mega pixel file. When you boot it up on the screen with a Q Card and lots of WL and HNG to carry it (here is a plug for our two DVDs) you start feeling the energetic effects of that specific substance. If you stack on top of that a Word file describing how specifically you wish to feel from the substance, bearing in mind the standard effects written in the products literature; add that direction to the LF along with the big meg pix photo of it and experience the difference over a short time. If you set the trend mega photo to quick flash by using slide show software, Quick Time movie, Media player the flashing of the trend will create *Burst Energy* and give it still more punch. You may well find that up to 50% of the substances effect comes through to you! When you blend a substances energy field with clockwise spinning vitality fields you may find you like it better as an energetic cocktail than you did the original. The more WL and HNG you stack up the more the effect. I have used up to four computers in series to test this. When you broadcast to let us say just a paper alphanumeric link, the link literally vibrates in your hand. I have tried this with Kava and have gotten most relaxed just holding a link to the broadcast. The more mega pixels of the image the larger the pic file that holds the energetic data.

This process works on every substance we have tried, but do not try it with something you are unfamiliar with or really do not care to experience. Again try this in the safety of your own home before going more radical or exotic.

### Sleeping your way to higher consciousness

Speaking of buzzz, you might like to sleep with a Q Card under your pillow. Many sleepers report lucid dreaming and conflicts working out in their sleep. The unfoldment of solutions to problems are also reported during these lucid dreaming states. If you are having persistent sleeping problems please see a competent health care practitioner for treatment. This experimental process is not a cure nor substitute for therapy.

### THE HOLY OF HOLIES

The Royal Secret Going for the Gold

With the ground work laid in these earlier sections, much as the Masons lay the corner stones for a sacred structure, we are now prepared to focus on the highest of all energy the Higher Harmonic of Gold. I was going to use a number of reference books to show the historical view of the time track from King Solomon to present day sacred treasure quests. However Lawrence Gardner in his most recent book, The Shadow of Solomon, has done such a thorough job of researching and referencing, that his well documented work will do the job thoroughly and nicely.

Lawrence begins his book with many references to the symbol of "a point within a circle." This diagram shows a circle with a point exactly dead center. This is common to the Freemasons, Knights Templars, Rosicrucians, and many other secret societies and it comes directly from Egyptian mystery schools. The Freemasons called it the Royal Secret. This same phenomena is also depicted as a circle with no center point at all but with wings flying off to heaven. It is often referred to as the great light. Robert Fludd in the 16<sup>th</sup> century illustration drew a circle with a compass point in the exact center to symbolize the mystery. The drawing symbolizes that from the center point of the circle comes the sacred energy and it is the point of creation. The circle the most basic form of Sacred Geometry, it starts with a point in the center and from that point the circle manifests. The center point illustrates the central location of the gold. It is a treasure map to a goldmine.

Modern day satellite dishes have a circular dish with a transmission antenna in the center. The curvature of the dish focuses stray signals to re-focus to the center transmission point. Plato's statement that "God expresses himself through geometry" is an overview of the secret.

#### THE ROYAL SECRET

The time honored Grail Quest treasure was a search for a sacred object made of a special gold that held the key to enlightment, health, immortality, psychic powers, tremendous personal power and the key to great wealth. For those looking only at the surface level, the quest was for regular old common garden variety gold. For those looking deeper this was a guest for a special kind of gold that had special qualities of occult power. In the house of King Solomon, the Ark/grail hung suspended above the ground –not touching it. If it touched the ground, as I have shown earlier in the section on grounding, then the energy would ground out or be shorted out and lose its capacitance charge. Sir Isaac Newton created the entirety of his color scheme and furnishing to be the color crimson in honor of his untiring search for this special gold.

The word "Phoenix" is of Egyptian origin and means crimson or the color of this vital gold product, and was used to describe something that was destroyed and then had risen again, it is called the great enlightment.

In Egyptian lore, this gold was spoken of as God the father--the center of the circle where from all things eminate. Again, I need to reiterate, the HHG coming from the center of a circle is not solely a philosophical phenomena, and it has its birth in an exact measurable science called Radio-aesthesia by the French or Micro Vibratory Physics. It is a totally measurable, repeatable result that occurs in every circle, unless there is a marking or clutter in the center that will then confuse the energy emission and spoil the measurable field. This is the Virgin Birth that is spoken about in Christianity. The true Egyptian origin is that the circle is the Virgin Mother and it gives birth to God. Celebrate the feminine. If the circle is tainted or soiled in any way you get no gold. It must be an Immaculate Conception and a Virgin Birth to bring or incarnate God into physical form. When the Immaculate Conception is achieved and a Virgin Birth occurs" the word was made flesh and it dwelt amongst us."

The music of the spheres hints of an energy eminating from the sacred geometry of the planets that is greatly beneficial. Magi Astrology does not concern itself with planets in houses, but by the sacred geometry that they make. Sacred energy that comes from globes or spheres or circles are plastered all over the walls and texts of ancient societies. In numerous drawings of the Philosopher's Stone a circle is shown sometimes in a larger circle or in a triangle. The suggestion is usually re-birth through some sort of alchemy or transmutation, from going into resonance with an energy that comes from the circles exact center. The Masonic beehive symbol has been grossly misunderstood and said to stand for Masonic industries ness--busy as a bee. The hives meaning is in the geometry itself which shows a beehive which is really many, many circles one on top of another. Again in the center of the circle lies the sweet spot or the nectar or honey of bliss or enlightment. It has been called by the insightful--divine harmony. The circle's compression waves create a unified field that bends the gold either and it emits the nectar.

King Solomon, at that early point in time, was probably the richest man on earth. He was always paid in gold; his seal is two interlaced triangles within a circle. Remember the phrase "the wealth of Solomon?" Solomon possessed the Arc of the Covenant or Holy Grail. Is in any wonder that he also processed great wealth? Gold from the beginning of time has been the symbol of power, wealth and fortune. It also had great spiritual value as to go into resonance with its 4D component. This means to go into communion with the highest power or highest and purest wave form--the Holy of Holies.

Practical Masonry was the use of specific architecture to create exact sacred energy fields. They made liberal use of the circle, dome (beehive) and arches.

Egyptians favored pyramids or tetrahedrons, Europeans domes and arches. Pyramids and domes are interchangeable, they both resonate similar planes.

In the Knights Templar's drawings, the Initiation is often shown to be under an arch or dome indicating it is a holy rite in making a pledge or promise while infused by the Sacred Geometry of the dome or arch.

All of this leads to a secret called the royal secret and when it is known leads to a commoner being re-born again like the phoenix into nobility and royalty and golden riches. It is an initiation into a secret brotherhood. The practice of the knowledge is called the Craft. In Christianity the symbol for this process is the Holy Cross. The cross is to Christianity as the arch or dome and point within the center of a circle is to Freemasonry and the Pharaohs. Each group that practiced the Craft be it Freemasons, Knights Templars, Pharaohs, the Church of Rome etc., became tremendously powerful financially by attracting power and great wealth. Whether it is called Arc or Ark of the Covenant, Holy Grail, Golden Fleece or Golden Mean, the inner meaning is always arch or ark or arc meaning sacred geometry resonating gold. When it is depicted as a sacred object plated with gold, there is always some form of angularity expressed with it, angles with wings, domes, arches, bee hives, crosses or golden halos, etc. If it is a chalice, it has a circular top (circle again) and often a unique angular geometric stem. If it is a cherub, the angles of the wings show angularity. A beehive or circle generating field is unmistakable if you know where to look or are able to measure these energies. Why it has been missed over the ages it that it has been hiding in plain sight. In the Church of Rome the altar objects are made of gold. Gold was the measurement of spiritual wealth and power. Many health systems consume gold as a supplementation; the problem here is that gold in its raw, physical form does not generate the HHG in an abundant assimulatable manner.

If you look at all of the various religious crosses, Rosicrucian, Maltese, iron, Christian, Egyptian, etc., they all have one thing in common and that is there is an intersection of one plane with another forming a crossing of two lines of energies, horizontally and vertically. This creates a crossing, merging or cancellation effect of two energy vectors. It is two polarities becoming one. A focusing into a point exactly in the center just like the center of the circle. In the Rosacrution cross, this is a somewhat standard cross with a rose at the crossing point symbolizes that something happens here of immense beauty and wonder. There is a crossing point and from it a rose is born, the rose is to symbolize birth. the Golden Mean or Golden Ratio. Gold again! Sometimes the form is called the Golden Spiral; it is shown as clockwise when correctly represented. In the "German" cross, two Eagles facing the horizontal plane indicate that out of the center point comes an energy that gives birth to eagles, an ancient symbol of power and strength. Fly like an Eagle, fly high as an eagle. Nothing escapes an eagle eye.

In Hermetic lore, there is a transmutation of a base metal such as lead into gold. The whole of the apprenticeship training in the craft is for the base metal to die and be reborn again into gold the highest metal or highest resonance metal on earth.

The Masons measured their levels of attainment in degrees. Degrees are angles or angles. Each angle resonates a different color through the generation of compression waves that bend the light ethers. The cathedral builders were working with the intention of creating a divine atmosphere of HHG. Often times a special kind of gold was baked into the glass so that when light shown through it a divine light energy field manifested. The gold field was created by being activated by the rays of lights. The HHG traveled on the light beam much like Johns flashlight experiment. Sometimes an obelisk was used to block a noxious earth lay line from traveling into the cathedral or church sending the lay line energy up from the base to the point of the obelisk and out to the heavens or as John might say never-never land.

Sometimes angels are depicted as guardians of the arch or golden item indicating a heavenly secret must be solved or a heavenly relationship or partnership must be created to enter the kingdom. The angel usually suggests that the field of HHUV must be generated to open the portal. Many prayers and rites are aimed at just this very result. The kingdom is always golden with some sort of etheric, metaphysical, energetic gold. In earlier religious stories, Moses found the people worshipping a golden calf and he supposedly, in a fit of anger burned it as the story goes. In Catholic school this was mis-entrrpeted as Moses having destroyed a graven image or false god. In metaphysical lore the golden calf was burned to be transmuted from its physical golden form to be used to create manna or sacred golden bread (Holy Communion). Through the old alchemical process CW meaning pure physical gold was needed to be then further purified and then activated through transmutation to generate the HHG energy. The golden halo or aura or bio-field of saints was from the consumption of this etheric gold sometimes in conjunction with sacred ritual performed under an arch or dome.

Salmon's temple was made of alternative layers of gold, silver, brass and iron. The temple was full of wisdom and understanding. In today's energy technologies we know that dissimilar metals generate an electrical flow or the generation of energy. This has been called Orgone plating. Orgone means lifeforce. King Solomon's Temple was most likely a giant orgone accumulator that amplified the golden layers of the walls and ceilings in combination with God speaking to it through its sacred geometry.

Wisdom and understanding are two historical virtues of the element of gold. When you had completed your apprenticeship you became a Master Mason, one who could produce the golden energy through the use of sacred geometry. In Egyptian Pharonic technology it is the same. A master alchemist could create

this special gold through the transmutation of metals. An Egyptian priest through ritual and psychotronics and AAAD called earlier radionics.

In much earlier biblical times they would transmute the gold by placing it in Tabernacles made of gold layers with precise rations. These ratios opened the heavens so to speak. These were made with layers of special gold and alternate layers of fabric of silk, skins, wood etc. Much like an orgone accumulator or cosmic condenser of Willhan Reich M.D. that had powers to heal. Inside the tabernacle the gold was being charged to become an energetic CW gold, an alive vital, life giving gold.

In earlier masonry an apprentice is provided with symbols of a hammer, chisel, apron etc as it shows that something is to be build. In the various degrees of masonry there is a golden staircase taking the apprentice or adapt somewhere up towards the sky (heavens). He passes under sacred arches. The picture is also laden with other forms of sacred geometry.

It is said that Solomon designed his temple with divine guidance using alchemical principals. The Ark was said not to dwell in the terrestrial realms or linear dimension. It instead dwells in the temple of heaven. Sir Francis Bacon referees to the temple of Solomon as dwelling in the ideal state. He describes his propulsion theories as using a special gold as an energy source as "the riches of Solomon." Solomon's' temple was constructed through the use of mathematical magic proportion and esoteric knowledge. Alcomey means Al-kham the sciences which overcomes darkness and brings about light and then enlightenment. The ability to bring light out of darkness and with geometry you can do just that. It is not a light intense enough to see but it is measurable through Micro Vibratory Physics. It can not be seen by the uninitiated with the physical eve but it can be seen with the all Seeing Eye which the Freemasons symbolize abundantly. It is also a symbol of second sight which is a gift from God (HHG).

Energetic measurement is a skill of the Operative as opposed to speculative Masons when the goal was to build structures to resonate the heavens. Moses who used the energetic and the structural process, places the Manna (HHG) into a golden bowl after the manna come out of the tabernacle in its etheric, charged up, transmuted form. It is placed into golden bowl not to loose its golden energy. The Tabernacle and temple are both symbolized of truth and both perform the same task of opening a porthole to the highest plane of consciousness.

Lawrence's conclusion is that the bottom line of the ancient guest was for the manna which was gold and bread. See Newton's tretes on manna. The golden either was however the real bottom line that it was infused into bread or other host was just one form of presentation or popular conveyance. It was also infused into wine. It gave the wine a special silky quality and a golden head rush. When John and I placed the vibes into water most testers would comment on the

silky quality. Alcohol has long been considered an ideal host for vibration formulations and alcohol has the character of holding vibration.

There is also a statement calling the manna the dust of gold. In this process it was burned by fire then ground into dust or powder. Newton says the gold powder was directly associated with manna and the philosophers stone. Its resting place was in the Arc of the covenant. It is well know that Moses came from Egypt which excelled in energetic sciences. Moses was a master adapt of Egyptian science the science of Heretics. He transmuted gold into the white bread of gold or the manna. HHG originates from the point within the center of the circle. The point in the center of the circle is an Egyptian ideogram for light or the source of light. The center of the circle is the source of divine light and divine light is referred to as enlightenment. A transformation occurs from the center of the circle. A beehive is a concentric group of cycles and an enlightened industry or ritual takes place inside, it is the symbol of the Masons. Once you knew the secret you can rule over the house of gold and enjoy the riches of Solomon, become enlightened by receiving a higher knowledge from the bread of immortality.

The Philosophers Stone was said to be a golden stone but it had an ability that ordinary gold did not have. It has the power of transmutation, it exists in the highest level of purity and it is the highest goal of nature. With it you can become a dweller in the house of gold. You attain the riches of Solomon. The philosopher's stone and the Manna bread can be used interchangeably here. The golden white bread was often referred to as the bread of life; it was the host of life or life divine. It was a vehicle for Holy Communion. Universal knowledge is obtained from the light. And where does the light come from class? Answer in unison-The center of the circle.

It is speculated that the lost Masonic word is related to light. He that follows me shall not walk in darkness but walk in the light of life" is one of my favorite Jesus quotes. Exploring the model of the cup is that it was a crucible and crucible means bearer of light it is our old friend the circle with the manna or HHG wine in the center described as the divine food. The bread and the wine are the body and blood of Jesus the Christ and through him you go to the father.

Gold powder was an ingestible form of the gold. Think assimilation here. The gold needs to be transmuted in order to be assimilated into the body's energy field properly. It is also referred to the powder of projection, the bread of the presence and with it's assimilation you dwell in the house of gold. The powder must be projected or resonated to raise your own vibration to that of the highest of high. This bread of Holy Communion predates the bread ritual of the last supper. They I believe are one in the same as the breaking of golden bread was a long time holy ritual. If you look at some of the stain glass windows in Europe the host or Holy Communion wafer emanates a golden light. The last supper shows the golden halo which manifested after much consumption of golden food.

You do not need a breathalyzer to know who has gotten into the gold. Just check the halo.

Also bear in mind that a labyrinth is a quest to get to the center of the circle. You get to the gold in the center of the circle through the mastery of the mystic arts or the royal art. It is the creation of immense golden wealth. It is inner wealth becoming outer wealth.

## It is enlightenment or a casting out of darkness (CCW) by the golden light of the holy of holies (highest CW).

It is the color of the rising and setting sun. RA the Egyptian sun god and the golden light are one. Salmons' temple was built by Hiram a skilled sacred geometry master. He asked for nothing in trade for his work other than the golden manna bread to feed his household. It has also been described as the gold of reward- the gold of life. It gave youth to the old. It is also described as heavier than gold but also light as a feather. It is heavy in its physical form but light in its transmuted energetic or etheric nature. This is by no means an ordinary gold. The point in the center of the circle was always a glyph for light. "It is referred to as "the center" (the eye) and that is where it is said to be where the secret is held". The great light of the lost secret. The ultimate manifestation of God's presence. It is the light of God or golden light. Master craftsman have also called the Arc curved light. Again sacred geometry.

The ark was also often depicted as a golden chariot taking you to God. It is also depicted as firestone. The stone that gives off light, its code name was stardust. God is the light of the world. In the culture of India it is referred to as Soma or the food of the gods.

In later years the guest for mono atomic gold or single molecule gold was on. Many earlier references describe the result of this exotic matter or coherent gold as a metaprogram that will resonate the human DNA, stimulate hormone production, sync left and right brain function and stimulate the immune system. Many formulations of gold exist in Aravada and Chinese medicine. In the physical analysis of the mono atomic gold molecule when it is heated it will disappear from physical existence and exist only in the 4<sup>th</sup> dimension as energy. It becomes super conductive of HHG subtle energy or the lord of light. Levitation and other advance states of being are reported in this high energy field. If you want a saint's halo you need to saturate your field with the secret of secrets the HHG. HHG is God the father. It is the invisable light at the center of the circle; it is the winged circle that takes you to heaven. The only remnant alchemical formulas that are in the public domain, that I have discovered after much research are the making or wave congregation of HHG from actual physical gold. No one to my knowledge lately has succeeded with this including David Hudson and company.

What has been missed but not by the Pharos is the HHG comes from the center of the circle. This process does not need to rely on physical gold for its genesis. Many forms of sacred geometry create HHG. It only needs to be congregated and amplified without distortion and your whole energy field will resonate to it.

Lawrence Gardner's terrifically well respected book shows on the front and back covers clockwise stair cases. The secret is right there-a clockwise spinning HHG field.

John and I knew years back about the power of HHG but we did not know the value of it being a strong CW spin! CCW spinning HHG will not do the trick, its CCW spin cancels out the vitality field!

The books pages are about the HHG and the covers are the CW spin. We are indebted to Lawrence for his tireless research. The missing data to complete the metaphysical formulation was provided by Dr. Ibraham Karem through Dr. Robert Gilbert and Johns work in creating HHG strong pos spinning wave forms. Subtle energy science in combination with Lawrence's book makes for the revelation of the HHG-the aura of Solomon. The golden shadow of Solomon.

## THE RETURN OF SOLONOM (it's you babe) From the inside out

John and I have for a long time been exploring the subject of speculation which includes gambling in many forms and currency and stock trading (gold in other forms). We have looked at astrology as a method of knowing the future of financial markets and dowsing as a form of speculative choosing based upon the measurement of subtle energy. None of these methods really work for us in this field. We have explored intuition and as I have previously mentioned it emits the color indigo which has some amazing psychic benefits but it is also missing something else. Intuition is intuition and just that. It has nothing to do with worthiness, deserving, acquiring, owning, winning or success. You can be intuitive and be broke!

When we came across the HHG there was an interesting shift in our way of seeing and experiencing speculation, winning and wealth. Instead of it being a dualistic cause and effect game, the cause and the effect integrated and became one. The previous duality vanished and was replaced by a blissful optimism. When it does not seem to work it is no big deal, you just laugh it off and keep releasing.

Gold from the beginning of time was used as a method of payment. It was looked at as wealth itself, in and of itself and all by itself. It was also a coin and a trading medium. What words, terms and experiences do you associate with gold? Wealth, opulence, beauty, ruling, riches, power, opportunity, acquisition, worthy, abundance, deluxe, having, owning, fulfillment, privileged, prosperity,

rewarded, can have, leisurely, winning etc. As we work with this golden energy I find that these adjectives are contained in the experience of gold itself. They are some of the ingredients or rays of gold, the very essence of the energy field of gold. Yes, you can also have fun playing with gold but the golden energy has these experiences and more contained in the essence of going into resonance or communion with HHG. Gold is extremely psychoactive. Its vibration opens consciousness both materialistically and spiritually.

### ETHERIC DOUBLE

A great and wealthy friend of mine named Bob Dugan was an early financial mentor of mine; he helped open my eyes to this powerful energy. He had so much wealth but he never seemed to spend much of it. His wife did not earn it. manage it, or invest it. But what she loved most was to spend it. I asked him perplexed one day what gives? He said that he and the feeling of wealth and the wealth were all one. He experienced owning it and loved all of those things that he could do with it. That he could do all of those things with it meant that he found no limitation in his financial experience. He was not prevented from reaching and attaining anything in the world he wanted and getting it. When you can experience yourself being, doing and having anything you want, the feeling of that possibility is as vital, it is much higher than actually owning something which is an object or symbol of the gold. You are truly rich on the inside! When you can have it then you do not need to have it. It is a catch 22 until you truly get it. You feel the power of not being prevented; you have a vital can do kind of attitude. When you feel that most powerful resonance with gold and those rays that which gold emits, your own bio-field is generating a strong HHG. This is the highest goal of materialistic and spiritual attainment. There is an inflow and an outflow between the physical gold and your own HHG bio-field. This is called communication or communion. There is neither distance nor space between the physical gold and your own HHG inner gold. Bobs experience was "I can have it!" -there for I don't need it. Which is choice and of course a very vital CW vortex of expansion? I can't have is a degrading CCW of contraction.

These experiences can have absolutely nothing to do with spending, buying or owning. They are all present in the potential or unlimited possibilities available when your bio-field is permeated by this HHG, the highest (High Energy Attractor Pattern) or HEAP. It brings a quality to your life that has you feeling rich and abundant. Like a king or queen. You are sitting on a golden throne in the kingdom or queendom of heaven and it sure does lye within you. HHG also contains many spiritual gifts covered earlier. When your body is in resonation with this Golden Energy Field you feel like your financial goals have already turned out. You are expectant of outer riches, if that is your hearts desire, as you are already experiencing inner riches. Like goes into resonance with like. Remember the park bench sleeper that Napoleon Hill interviewed for Think and Grow Rich? When NH asked this now successful restaurant owner when he knew he was rich and successful, he said while sleeping on the park bench with

a newspaper for covers. That guy had a lot of HHG in his bio-field. He pre-experienced his forthcoming success much like a psychic experience. Remember HHG is highly psychoactive and it has a way of not being hampered by space/time linear constraints. *It is a transcendent, transpersonal experience.* When you are in that state of inner riches it far exceeds outer trappings. The big problem of outer riches is that if there are no inner riches to resonate with the outer ones can soon be gone. Incidentally this inner and outer business is often referred to as an etheric double. Look how many people lose an entire inheritance? Most lottery winners lose it all! If it is not in your field it will not be in your physical universe for long.

With HHG and true financial desire you have an unstoppable positive financial expectation but it is not just for money. It is a true inner feeling of wealth that magnetizes the opportunity. Isn't this the law of attraction? You feel rich inside so that you will resonate with riches on the outside? If you are not experiencing inner wealth and the ability to have your dreams come true then how can you resonate with your dreams in the reality of the physical universe? How can you reach for them when they appear so far away? They are as far away on the inside also. When you try to see yourself as abundant the absence of HHG in your field creates incoherence and weakens you on this very subject. HHG is the inspiration and capacity to embrace a very high res fortune in gold. HHG is the metaprogram energy for creating that ability, openness and willingness of high level acquisition. But is not in the normal subject/object dualism. It is a special knowing or inner wisdom. HHG pocesses Quantum qualities thus it generates quantum experience.

If you can not have money on the inside you set up the "resisted having" circumstances on the outside that duplicate your inner template or blueprint. When you resist it on the inside in your ability to visualize it with the grace and gusto of HHG, you lack the inner fire to create the opportunity. Without this special grace you see yourself as disconnected from wealth. As you see yourself so do you act.

The reason it is not happening on the outside for a "desired" goal is that you are not having it on the inside first and foremost. It works inside out.

USA paper money is not the same as gold. It is Fiat money not back up by gold. It is not tied to the gold standard, there for you can have a lot of it and not experience much change in your feeling of wealth or worthiness. Expensive hotels, cars, boats, planes and clothing does not produce the same quality of being as gold energy. Paper money, credit cards, stocks even gold certificates are not the same vibration and there is no spiritual grace or soul to them. They do not produce the same clearing and up lifting effect as gold on the human biosystem.

Have you heard the statement act as if and you will be? The trouble there is you are acting in an effort to go into resonance with these qualities. If you be as if and the being is genuine and the act as if releases- then you have inner riches and if you have desire then outer riches are soon to follow. One feature of inner riches is that you get feeling so high and so fulfilled that you in some ways do not care if the outer riches show up in the Physical Universe or not. Your mechanical compulsive and obsessive drive gets released. What you are left with is the feeling of the end of the journey-the reward, the success and the feeling of ability, accomplishment and winning. Pre-experiencing winning and the reward now is a powerful step in "know before you go." What you can visualize with true inner experience you can probably have. It is the vitality and purity, the energetic quality of the steps that is most important. You must sew success into these steps to reap success at journeys end. Remember Tic Nat Hans great book Peace in every step? If you fail to sew peace in every step but instead sew anger or hate in instead, will the journey ever end up in peace? Garbage in equal's garbage out. To get there successfully the HHG energy of the successful goal attainment has to be sewn in on the very 1st step and every step! When you truly feel like a million dollars you will have a million dollars! On your way to a million dollars you need to feel like a million dollars or you will not resonate with and not attract the goal. You really can't fake it. When the feeling of a million dollars is running out of your pours it will permeate your immediate environment and all those around you. When the feeling of a million dollars is running out of your pours it will cause only those high res people to vibrate to and with you. Going into resonance with the highest force in the universe can transmute your life. The treasure of the Holy Grail is a transmutation of the CCW belief systems of can't have must have, it's not ok to have, and I don't deserve to have -to having at the highest level of existence.

Imagine what it would be like sitting on the throne of the Ark of the Covenant with all those tons of activated CW golden energy rushing through your bio-field. The shift is so great that inner enlightment and outer riches align perfectly with no subconscious patterning in the way.

Muscle test people and you will find that most go weak when entertaining or even vaquely fathoming themselves living a golden life at choice and living their dreams. Gold is an incoherent CCW unreality. Its CW energetic absence in ones bio-field is a good guarantee that it will be just as absent and illusive in live. When they access and engage CW HHG they raise their vibration from gross to fine. Is it any coincidence that fine is also a measurement of gold as well as fine arts. When this CW golden energy permeates your entire being, it releases CCW patterning with your help. The beliefs, mental and emotional investments that say that you can't feel this good, just let go. HHG releases fixed methods of attainment and shines the light of truth on whatever you are or have been creating that keeps your resonance low in relationship to these higher concepts. Will HHG make you physically rich soon? The HHG will not make you anything. If you want outer riches then it is your job to release all limitation in your thinking

by allowing them to come up, surface and be gone. Do this while keeping focused on your goals and you have initated a deep process in personal transmutation.

### YOU CAN FEEL AS RICH AS ROCHEFELLA AND NOT HAVE A DIME

I grew up in Burlingame CA. Hillsborough a very wealthy suburb and was just next door. When I felt down about my lot in life, my threads, car or house we lived in, I took a walk, bike, scooter or motorcycle ride in Hillsborough. I experienced the houses, landscaping, cars, clothes, arcatechure, and styles and after about an hour or so I felt much better. The better did not last for that long but the better got me through the night most of the time. When I connected up with those perceptions-sights, smells, sounds, feelings, I felt rich and abundant-HHG. If I could have felt that way all of the time I could have made good at most anything I did. My space was big and I felt a deep inner satisfaction. I felt positive (CW vital) and that things would go my way without the inclination to resist real or imagined limiting outcomes.

If I could have felt this instead of (think CW) jealous, unworthy, ashamed and full of resistance and protest, my life would have been just fine. The same mechanism was at play for me here as going on a vacation to Hawaii or Europe. When I got back I felt full and refreshed but soon it was back to business as usual.

This process was like real success. I felt rich and worthwhile. These were some of my first experiences with HHG. My later experiences were in India seeing Holy people who were rich in HHG and lived at shrines and in cardboard boxes. Does HHG guarantee physical riches? No more than it guarantees spiritual riches, it all depends upon desire. The holy people did not desire physical riches through they lived like Rajas or kings within their consciousness but in cardboard boxes on the outside. They performed spiritual disciplines, prayer, meditation and fasting to enter these HHG states. Many of the rich Hillsboroughtites do not desire spiritual riches no more than the holy people want physical gold or material wealth. Again there are two paths both are equally fine and with HHG you get what you desire, your true desire. You can also have both if you want. One need not exclude the other. Some need to complete being rich and some need to complete being spiritual. Both paths can make you feel rich like a raja; it is your basic desire that determines what you do after filling yourself up with HHG. When you supplement with HHG you are not forced to look for it out there in the world, gathering symbols of it in all of the wrong places. In fact you do not have to look for it at all. When you resonate to it and with it –it comes to you, without effort, force or pretense. All the effort in the world will not make it happen outside, if it is not there first on the inside. Once it is on the inside all the effort in the world will not keep it away on the outside. You can't keep it away or make it happen; you can only channel it in the direction of your deepest desire. And you do not even need to do that eather as the LF knows where to go even better than you do. When you resonate with the truth about this the rest will just take care of itself.

## COACHING RELEASE DYNAMICS Assessment lists Feel and Release

With the addition of the Q Cards you no longer need to perform Touch and Flick unless for some reason you just need more muscle in your right hand. Touch and Flick has been miraculously transformed to Feel and Release-tm. All you need do is <u>feel</u> the unwanted emotion, attitude, feeling, sensation, belief etc and presto is usually Releases. This cycle of Feel and Release happens so fast sometimes you do not have time to feel uncomfortable. It just releases. Sometime though you will need to re-contact and re-experience it some for it to let go. In this case feel the feeling wholly, completely and without resistance. The harder it turns on or re-activates, the more real it becomes, the more thoroughly and completely it will dis-create.

After using your Q Card for a while and after having gotten consistently good results you can now go on to the next step which is assessment lists. If you have used the Q Cards and have not felt better, have not gotten an energetic uplift or felt issues clearing up STOP. Do not go on to the assessment lists. The cards work for many but not for all-sorry. These cards are not therapy and are for research, amusement and experimental purposes only.

If you are under a doctors care ask him or her first if it is ok for you to participate in this program. If you are under a lot of stress choose a competent therapist to facilitate this program, but only under their watchful supervision. If you find yourself not getting results and you are in any way uncomfortable - STOP. Only proceed under the supervision of a competent therapist. We take no responsibility for your misuse of this work. You can always call us if you have any questions or need help. If this program is not working for you call us before going further.

In this work you will find assessment lists for general as well as specific subjects you wish to transmute. Simply choose a list to process, answer the questions yes or no and then take each question that you feel you have limitation on or desire transformation whether you have answered it yes or no and recall times in the past which answer and fit the question. Follow your intuition. Take what comes up. Evaluate on the SUDS scale from 1-10 how much of a stressor it is. 10 is the most 1 is the least. Review or re-experience the incident(s) a few times until it releases. Do this until the incident(s) are down to a 1 or so.

You can get great gain by also taking up irrational fears that you have such as the fear of flying for instance. Release past troubling incidents of fear of flying

and then take your Q Card with you the next time you fly. You release self limiting beliefs before you go. With Card in hand while you are on the ground waiting, taxing for take off, taking off and landing. Where is my baggage? Are you stressed yet? Just Feel and Release.

# TRANSFORMING YOUR PHONE TIME Reach out and release somebody

You can greatly transform the quality of your phone conversations and professional consultations by utilizing our iBliss ocean-scape DVD and Q Cards. Radio Shack \*put model #\* and other venders have for about \$20, a device that plugs into your phone jack that has an input to accept CD and DVD audio output. When participating in business calls, sales calls, consultations, financial transactions and stressful family conversations softly play our psychoactive ocean sound DVD in the background, over the phone and use the Q Card on the power cord for that DVD player. Use another Q Card on your phone and often the other phone party will report an energetic shift or uplift, resulting in a more harmonious and resultful call. You will often times find a more creative conversation will take place. Subconscious patterning will get neutralized and your goals will be more efficiently and effectively realized.

# IBLISS PERSONAL COACHING TRAINING Want a Coaching practice that makes perfect?

Q Cards and iBliss DVD's work very fast and effectively in personal coaching sessions. The above phone application of our iBliss DVD's and Q Cards in telephonic personal coaching makes for the most effective, fun and profitable sessions available. I have trained thousands of consultants and personal coaches on the subjects of Bio-feedback Clearing, Coaching Goal Dynamics-tm, Coaching Release Dynamics-tm, Coaching Self Inquiry-tm, Psychotronic Coaching using Life Energy Amplification through Oxygen Research Institute called The Bliss Factor-tm. I have sold books, audio tape and CD workbooks and video coaches training programs under those titles for most of my life. I was the director of research for the largest, at that time, personal growth and personal coaching training company in the world. My job was developing workshops, seminars, consultant/coaches trainings, bio-feedback instruments that was experienced by millions of people world wide.

Nothing that I have seen or participated in works even 10% as well as this with a bonus 90% savings in time. EFT administered by a very competent therapist is the only exception but when you add the Q Cards and DVD it becomes radical. The Q Cards can even clearing up issues as they occur no less. Why? Because the more stress stirred up, the bigger the problem, the more upset the client, the harder to figure out the solution, the bigger the obstacle appears –the deeper, more through and the faster the result!

Even untrained and inexperienced "coaches" who have just played our iBliss DVD clearing programs in coaching sessions while the client held the Q Card and asked just a few important questions got results.

I know this is counter intuitive but the BIGGER the problem the bigger the release!

I have seen a couple in relationship who are fighting, help find their true personal realities faster then I have seen them get results in professional therapy. This goes against everything I have learned in my training as a research psychologist! This simple energy clearing methodology in my humble opinion is even much faster than EFT which I think is a Quantum breakthrough and has made a big difference in my life.

When you work with this card picture yourself offering business mentoring, coaching business planning sessions, helping people plan for their retirement and talking through areas of confusion while working with your Q Card. See yourself delivering professional coaching sessions telephonically or via Skipe all over the world while you never have to leave your home. No commuting and office work. Perform this invaluable service from any resort in the world ! You may see yourself offering a Quantum Coaching Session for both fun and profit.

If you wish to know more about how you might learn these simple yet powerful personal coaching skills contact us for more info. You might like to order Coaching Goal Dynamics, Coaching Release Dynamics and Coaching Self Inquiry. In the mean time use your Q Card and DVD's to release the past and clear a path for your future. The best coaches are the ones that have gotten the best results on themselves from their work.

### PROFESSIONAL SESSIONS

We offer two iBliss DVD's that can be used in conjunction with "energy medicine" computer type software. All of the software we have tested from the top manufactures spins CCW. By employing our DVD correction programs in your computer while running your health care software, you can now be adding mega vitality to your work by making use of our CW vital program. When doing subspace or AAAD work you can raise your WL and HNG fields by featuring Q Cards to make a more vital carrier wave. You can also get even greater results by using a Q Card because it includes our advanced energy clearing properties in your work. For a very small expenditure you can power up your system for many more results.

If you want to go with our full package you can receive software to run 100's of different iBliss energy programs of audio and video Quantum fields for both close up as well as AAAD. They consist of astrological, vitalized colors, super trends,

digital pharmacy and feature sacred geometric generated shape/form fields that are naturally strong and vital CW fields. When you use them to create custom programs you can lead the field. Our iBliss software also comes standard with unparallel tech support.

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